

★ PRIDE IN OUR WORDS  
★ 2018 ★





## **Preface and Acknowledgement**

*Pride In Our Words* is a collection of masterpieces from our FLSS members. It is indeed an ideal platform for our students to kindle their confidence in writing. Apart from sharing the joy of peer learning, it is a treasure full of texts in different genres which can be really useful and authentic learning resources for language learning. All of these masterpieces are solid proofs of their effort in language learning as well as their flair for the English language. In addition to their high level of English proficiency, they have also demonstrated a high level of creativity and originality in their works. Their efforts are definitely worth our appreciation and recognition. The journey of language learning may not be easy, but with unflagging efforts and determination, you can all be great writers!

Upon the production of this publication, we would like to express our heartfelt gratitude towards several parties for the active participation and unconditional support in course of preparation. First and foremost, we would like to extend our sincerest thanks to all the writers who have contributed their excellent writings to the publication. Without them, *Pride In Our Words* would never be successful. Apart from that, we would like to express our deepest gratitude to our English teachers who have provided their professional advice throughout. Thanks to their meticulousness and patience in polishing the writings, *Pride In Our Words* has been a huge success. Last but not least, we would like to express our most heartfelt gratitude to Mr. Mak, our principal, for his effort and support in this publication.

Finally, we would like to present the latest issue of our *Pride In Our Words* to all of you. We hope that you will enjoy the savour of reading and learning English. Our dearest FLSS students, do cherish this golden learning opportunity and learn from your counterparts! We look forward to reading your works in our next publication!

Read on!

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<b>Editorial Board</b>	
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Special thanks to Chu Wing Sum (5C) for the cover design.

# **Writing Competition**

**Topic: A letter to my parents**

## ***Give Thanks to My Parents***

***Han Yat Kin Kono (1B)***

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Dear Dad and Mom,

How are you doing lately? Mom, do you get a lot of housework? Do you feel tired? Dad, have you had dinner? I heard that you have to stay in the police station until four o'clock in the morning. I hope that you will be fine.

Mom, I did not say this enough but I love you to pieces. Granted, there is nobody in this world that got under my skin as you do. It's only because you care. You have always been such a great mother to me. You are so patient and brave and I know I have never mentioned it, but you never cease to amaze me. You always teach me good manners and attitude, and you always stand by my side. I know we bickered and we argued sometimes. Yet, thank you for never giving me up when I need you the most. I was not very nice to you in the past, but I had always cherished our relationship together because I know you are my mother. You are the 'best friend' I've ever had. I love when we get a moment to ourselves and we just laugh and let out our frustration. I always strive to do my best because I want you to be nothing but proud. Thank you for showing me how to fight for what I believe in. Thank you for giving me the strength to stand up for myself and expect nothing less than the very best.

Dad, you are my partner in my life time. I always love spending time with you every day. I know now that many of my friends do not have good relationships with their father and that made me sad. Without you, I'm not sure how my life would be. You can put me in tears laughing in a matter of seconds. Dad, thank you for showing me what real men have to do. Thank you for showing me how a man should treat a woman properly. Finally, I want to tell you that you have never missed an opportunity to put a smile on my face. You are such a successful and professional person, and you never stop working hard for our family. I really admire that you always do your best.

Thank you for always being here with me. Without the two of you, I do not know where I would be. I realize that I did not thank you enough for everything. With that being said, I am always thankful for you and I love you both more than anyone else in the world. You are the most important people in my life.

So, Mom and Dad, thank you for everything. I promise in the future, I will work hard to make you proud. I love you and take care.

Love,  
Kono

## ***A Letter to My Parents***

***Wong Ching Man (1C)***

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Dear Father and Mother,

Are you doing fine? I have never written to you. I am very lucky to have this opportunity to express my deep gratitude to you. Thank you for giving me my life and giving me the opportunity to pursue happiness and to realize the value of life.

Thank you for nurturing me. You are an enlightenment of my life, and you always teach me how to live and how to be grateful. I was born in a very ordinary family, but it is the happiest family! Although the family conditions are not very good, your hard work can make me feel you are very simple, very real people. Everything in the house is made by your hands, and I feel a sense of satisfaction in face of everything in the family. I am happy to have such a family. Dad and Mom, I want to tell you that you have always been my role model. You are the best!

Thank you, my father! In order to support this family, you are running around the world over the years, and the work pressure is great, but you are still worried about me day and night. Every time you travel, you call me every night, telling me to concentrate on my study and not to play too much. You'd ask me to take care of my health and not to do homework too late. You'd remind me to cover myself with the quilt and not to catch a cold when I sleep. Every time you come back from business and bring me some local specialties or interesting things, I'll run back to you.

Dad, every little act of yours is a reflection of a father's deep love.

Mom, you have become old. I really want to run to say to you, "Mom, you are really working hard to give me the best!"

Dad and Mom, thank you for your love for me over the years! I will study hard and live up to your expectations.

Wish you two good health.

Natalie Wong

## ***A Letter to My Mum***

***Lel Kit Pul Ashley (1B)***

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Dear Mum,

Don't be surprised when you get this letter. I am not bold enough to tell you in person because I want to say express my thanks to you.

12 years ago, when you gave birth to me, what a complex feeling you had. In the past few years, you struggled to wake me up in the morning and prepared breakfast for me. Although you are very tired after work, you still study together with me. After I have finished homework, you clean up the messy home.

When I'm happy, you encourage me, and you smile with me. When I'm sad, you comfort me. Thank you for bringing me up! With your great care, I grow healthily and strongly.

However, I hope you can understand my stressful condition. Please give me some personal space. I will adjust myself well. Don't worry!

The Mother's Day is coming and I would like to say "Happy Mother's Day" in this letter. I love you and thank you so much for everything you have done for me.

Love,  
Ashley

## ***A Poem about My Mum***

***Li Yu Man Candy (2A)***

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My Mum is my favorite person.  
My Mum loves me the most.  
She is an ordinary person,  
But she has different kinds of power.

She can make me laugh when I am sad.  
She can make me cool down when I am mad.  
She can make a messy home spotless in one second.  
She is my mum.

She is nagging me,  
But she is patient to me.  
I should listen, we should listen,  
Because she is a superwoman.

We said she is annoying,  
But she does not care.  
Why is she so good?  
Because she is my mum.

## ***A Letter to My Parents***

***Luo La Laura (2B)***

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Dear parents,

First of all, thank you for all the things you have done for me since I was born. Although I have brought so many troubles to you, you still love me as your treasure. So I'm writing to thank you for your selfless love all those years.

I remember once I got a fever when I was 7 years old. I couldn't fall asleep at midnight. I walked to your room and you didn't show any impatience to me but took good care of me as you always do. I'm so thankful that I have such terrific parents.

And I'm sorry that I sometimes messed up the things you told me to do. I know that would make you angry or even disappointed. So I will try my best. I hope I can help you when you have troubles.

You are my superheroes. I'm so lucky to have such a perfect family. Thank you so much.

Love,  
Chris



## ***A Letter to My Mum***

***Li Lai Ying (2C)***

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Dear Mum,

I am writing to share with you about my role model. She is of medium height. She wears glasses. She likes drinking a cup of coffee every morning. She is a vegetarian.

Let me share with you some of her stories. I like sharing my gossips with her, regardless of the content. Although it is something that happened in my daily life, which might be very dull for her, she is willing to listen to all of them patiently. Sometimes, she gives me some advice on how to handle my difficulties, especially in interpersonal relationships with my friends. I think it is useful.

Sometimes, I have mood swings. I feel depressed for no good reasons. I won't listen to her at that time. However, I am afraid she gets angry to me. Luckily, we get along well afterwards.

She takes care of me and gives me useful opinions to deal with my problems in my daily life. Therefore, she is my role model. I hope I can possess some of her personalities someday.

She means a lot to me. I can't live without her. I am sure that my life would be messy without her guidance. I love her but I don't know how to express my feelings to her. I am really thankful that she is always on my side no matter what have happened.

Mum, can you guess who she is? You know me very well. I think you can guess the answer correctly. Yes! You are right. You are my role model. Thank you and I love you.

Love,  
Ying Ying

## ***A Letter to My Parents***

***Tam Ho Chun (3A)***

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Dear Mom and Dad,

I love you! I love you so much! I love you with all my heart! This letter to you is to tell you my true feelings from the bottom of my heart.

Thank you so much for bringing me up! I know how hard you have worked during the past years. I can imagine how many difficulties and obstacles you have conquered. I can imagine all the problems you have faced and all the tears you have shed to make my life better. I can fully understand what a huge responsibility it is to raise a child. You have been very patient with me. You have encouraged me and you've helped me. You've tried your hardest to give me the best things in the life. You've made a lot of sacrifices and many difficult choices. I also know that you have great expectations on me. You want me to be successful and happy. You want me to be the best person I can be. You want me to do great things with my life. You want me to make the world a better place. I know you have so many hopes and dreams for my future.

Today I want to tell you something extremely important. I want you to know that you don't need to worry about me anymore. I've grown up! I'll be responsible for my life and for my future. I'll study industriously. In particular, I'll make the best use of every spare minute. Besides, I will stay happy, confident, positive and energetic every day! I need to develop good habits and use them to constantly improve myself. I would never do anything that would make you feel disappointed or ashamed. I'll learn as much as I can and become smarter and stronger every day. You've made me realize that the best way to reach my goals is to work hard and never give up. You are my best role models. You set a get example for me.

I have so many great dreams. I know that realizing all these dreams takes a lot of time and effort. Yet, don't worry about me. I have strong confidence in myself. I know if I keep working hard and keep dreaming, I can definitely realize all my dreams one day. I'll not only care about myself. I'll also contribute myself to my school, my hometown, and my country. I will try my best to contribute to the society. I will use all my abilities and talents to help my family and my country to create a glorious future.

Dear Mom and Dad, you'll be proud of me! You will see great results from all your hard work and sacrifices. Thank you very much for your continued support! Thank you very much for your patience, love and understanding. I love you! I appreciate you! I'm very proud of you! Exercise every day to keep healthy! Enjoy life every day and stay happy! I hope both of you will enjoy good health and happiness. You brought me into this world to experience what life is. I will do my best to make sure each day is filled with joy and pride. Mom and Dad, you two are my most important persons in the world! I don't know what my life would be without you.

Everlasting love,

Your son

## ***A Letter to My Parents***

***Hu Xing Er Apricot (3B)***

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Dear Mom and Dad,

This is the first time I write to you. I hope you can take the time out of your busy schedule and read the letter carefully.

Time flies. My first semester of studies has ended with the result of my exams. Suddenly, I have been in Hong Kong for six months now. Since I have to go to school, we have seen each other less often than before. I miss you very much.

I am very happy at my new school. My teachers and students are very friendly to me. They often help me with my studies. I make many friends and learn a lot of learning methods. The final exam results have been released. My grades are not bad!

I know you spend lots of time and money on me. I know you are not rich, but you give me lots of love, and you try your best to make my life better. I know you love me more than anyone else in the world. Sometimes I argue with you and make you feel angry and sad, but you always forgive me. You never reduce your love to me. When I am depressed, you always use some famous aphorisms to cheer me up.

I remember once when I was undergoing a surgery because of my sickness. I was terrified. Yet, you came to me and held my hand, squatted down and said to me, "Take it as it comes". Your encouragement inspired me and mustered all my courage. Since then, I am no longer afraid of diseases.

Spring Festival is coming. Dad, I remember we used to go fishing together during the Spring Festival, but I was always impatient. However, this time I must race with you to see who fishes more fish. Also, I want to learn how to make delicious food from mum. I promise, if I learn successfully, I will cook for you in the New Year's dinner. I cannot wait to reunite with you so that you can see my changes and my achievements!

Finally, in regard to the future, I will make every effort to study for my degree and make the dreams I had envisioned come true. Thank you so much for raising me up.

Take good care of yourselves as you have asked me to. Enjoy life every day and stay happy.

Your daughter,  
Apricot

## ***A Letter to My Dad***

***Chan Cheuk Wing Trany (3A)***

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Dear Dad,

I haven't seen you for ages.  
I miss you like mad.  
Every time I send you a message,  
You always say you're busy.

You are often wrapped up in your work.  
However, you never know that you're overworked!  
You're not at home frequently.  
Now, you're also on a business trip in different countries.  
I'm wondering where you are now.

When I was a child,  
I was childish and wild.  
For every time you preached me,  
And I let it go in one ear and out the other.  
I always struck you in anger.

Even when I didn't listen to a word you said,  
Even when I brought troubles to you,  
You never go away.  
Because of my impulse,  
You were always worried about me.

I know so many times in my childhood,  
I was angry at you.  
But you still look up at me.  
Honestly, I don't know what my life would be without you.  
Now, I'm growing up. I'm not in my babyhood.

As I'm growing up,  
I realize just how much you did for me.  
When you are here, I feel free.  
Thank you for being supportive in everything I do.  
There are not enough words to describe how thankful I'm to you.

Distance is not an issue.

Although you're not always here for me,

It's okay. I don't mind.

I'm so lucky to have you in my life.

Thank you, Dad.

You may not be the perfect dad,

But at least you're perfect for me.

With love,

Trany



## ***A Letter to My Dad***

***Cheung Ping Chi Jeff (4A)***

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Dear Father,

How are things in heaven? If heaven is the paradise that everyone's talking about, then I'm sure you're having the time of your life now. Time goes by so quickly. It feels like it was just yesterday that I said goodbye to you forever, but it's actually been one and a half years now. Oh, how time flies.

I remember when we used to watch movies starring Stephen Chow back then, all of them were classics and made us laugh our lungs out. The most memorable one was definitely *Flirting Scholar*, as we watched it three times in a single week and still laughed like crazy. I remember you would occasionally take me to Shenzhen or Guangdong on family days. We'd always stay in the same hotel each time and eat traditional Hakka dishes near the hotel. Though the hotel was a bit worn out and the food wasn't all that delicious, I still have a big smile on my face whenever I recall those good old days. I remember you were mad at me whenever I did something wrong. You'd burst into flames and ground me at home for two to three weeks, sometimes even a month or two. Yet, looking back, I've realized that you've changed me a lot. Through the countless quarrels and fights we've had, I've grown into a more mature and nice person. It is all because of you. Thank you, Dad.

One and a half years have passed, and you've been gone for that long already! I still remember the final days of your life. October 20<sup>th</sup>, 2016 was the day you lost your life. The night before that you told the nurses at the hospital to call me, at first, I thought you just wanted to see me, but I would never have thought that those 30 hours were the last time I'd see you alive. I arrived at the hospital and immediately asked the nurses about your situation, "Your dad has less than a day left in him," said one of the nurses. I was shocked, and I'm sure any human being with a soul would have the same feeling. Seeing your condition getting worsened minute by minute was the most painful experience I've ever had in my life. Ten hours had passed, and your condition went from bad to worse. You started to lose the ability to recognize people, even your own son. Twenty-nine hours had passed. You've completely lost consciousness. All that was left working in your body was your heart and brain. As time went by, your heartbeat started to weaken, until it eventually stopped, signaling the end of your life. I cried. I'd held back my tears for half a year since I didn't want to make you sad, so when it was all over, tears ran down my face like a river.

I miss you. I'd be lying if I said I wasn't, but I guess this is how life is – full of pain and suffering, but in the end happiness would come. I've been doing fine in my studies. I've also made plenty of friends in the past year, so there's nothing to worry about me. Mom and grandma are doing just fine too. We're all happy with our lives and will continue to be happy. I love you and I'm sure the rest of the family do too.

Yours,  
Jeff

***Thank You  
(a music parody of MKTO's Thank you)***

***Lai Jing Young Kiran (4A)***

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This one right here is for all the pain I caused.  
The tears shed, the expectations ruined.  
The time you choose to forgive, for all the apologizes and thanks that I can't articulate.  
This one's for you, parent dear.

I am the one, the apple in your eye.  
You taught me how, taught me how to choose life.  
Patience and love, I'll remember how you guide.  
Thanks for everything, cause you're always by my side.

Sorry for giving you both a plight.  
Sorry for all the trouble and sleepless nights.  
Sorry for the times I've been out of sight.  
But now we're fine, but now we're fine.

Thank you for the words you spoke.  
Like hope and it ain't no joke.  
So warm that I need no coat.  
With love, with joy, with hope.  
You let me choose my life.  
You let me fall and cry.  
And when I ask you why,  
You hug and gave a smile.

I am the one, the apple in your eye.  
You taught me how, taught me how to choose life.  
Patience and love, I'll remember how you guide.  
Thanks for everything, cause you're always by my side.

Na na na na  
Na na na na na na na  
Na na na na  
Na na na na na na na  
(Thank you)

Thanks for your time saying “ make your one sound”,  
Thanks for the wings you gave me to soar around,  
Cause the sky has no limits and I’m aiming for the stars.  
I won’t hang around, I won’t hang around.

Look mum, I’ve not yet made it.  
This world is complicated.  
My life is just beginning  
So bad, so mad, so crazy.  
It’s been a prob. since twenty 02.  
Can’t shut me up, can you?  
Troubles I caused a few,  
Do what I wanna do.

I am the one, the apple in your eye.  
You taught me how, taught me how to choose life.  
Patience and love, I’ll remember how you guide.  
Thanks for everything, cause you’re always by my side.

Na na na na  
Na na na na na na na  
Na na na na  
Na na na na na na na  
(Thank you)

Thank you from the bottom of my heart.  
From head to toe, to the soul you brought to life.  
Ooh oh  
I say “thank you”  
I say “thank you”  
Yeah, yeah, ooh, thank you.

I am the one, the apple in your eye.  
You taught me how, taught me how to choose life.  
Patience and love, I’ll remember how you guide.  
Thanks for everything, cause you’re always by my side.

Na na na na  
Na na na na na na na  
Na na na na  
Na na na na na na na  
(Thank you)

## ***A Hero of My Life***

***Chiu Tze Tung (4D)***

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Dear my lovely mom,

You're the best mom in the whole world. I know I have already said that a thousand times.

Yet, I still remember there's always the most brilliant smile on your face. I want to say not only because you're an amazing mother, you're also the kindest, loveliest, and the most beautiful person that I have ever met. I can't find a word to show all my love for you. I just want you to know you're my hero, friend, faith, help, strength, hope, light, my everything for all that you are and everything that you do.

Thank you for being my best sister of my life. Do you remember that when people think we're sisters, I'll put on a sad face? Yet, honestly I'm happy for you because we're always together, from eating to shopping, from watching movies to sleeping. We do everything together because you want to save those memories. I know you'll bear these moments in mind, even if someday when you leave me, I'll still cherish these pieces forever. Our tears, our joys, our sorrows, our smiles are the reasons that our relationship is strong.

Thank you for loving me unconditionally and your purest love. Your strength has shown me I can get over an obstacle in my way. You always stand by my side. You're the only reason that has made me feel so strong. Your words have made me keep moving forward. Thank you for every day you have given me. Thank you for being an umbrella when there is a rain. I would like to thank you for everything that you've done for me.

You're beautiful inside out. Your smiles and your laughs are contagious. You use them to light up my whole world. I have never met another one who loves their life like you do. Even when something difficult comes up, you still face it sternly. How strong you are!

Mom, I love you more than you ever see, I ever do, I ever know  
Because of you, I know how to love someone who hates me  
Because of you, I know how to stay strong and fight against my fear  
Because of you, I know how to protect someone that I love  
Because of you, I know what faith and belief are  
Because of you, I know what the truth is  
All because of you, I know how much I love you

Yours truly,  
Kelly

## ***A Letter to My Mum***

***Sung Ka Yu Sherry (5A)***

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Dear Mum,

It has been a long time since I last poured out my heart to you as I've reached my high school years. I spend most of my time on my studies and I was so ecstatic when I knew that I could get this chance to write this letter to you. As time went on, I understand lots of truth as I go through more and more things and this makes me reminisce about the past.

I remember that I started schooling from the age of seven, and that was an unforgettable experience for me. I had to live in school for five days in a week, and this is a torture if we put ourselves in a little girl's shoes because I was not supposed to be independent yet, and I had a great longing for home at such young age. Although I could have abundant opportunities to interact with my friends and teachers, I still missed my home and your cooking, as I couldn't find anything similar at school. Because of my childishness, I lied to you and malingered for going back to home as I felt homesick. However, what impressed me was that you and daddy didn't blame me for my dishonesty, but decided to drive me to and fro every day, and now I realize how naughty and thoughtless I was, so I want to thank you for your tolerance for me.

Since I became a non-residential student, I dined in every day. Gradually, I got fed up with my food and it annoyed me so much. School provides a wide variety of food for residential students, and I was appealed by that tasty food so much, so I started to become picky and I abandoned the food you cooked. Now I notice how worried you were about my health at that time as I just knew that the food that school prepared for us was oily and that was not conducive to our physical health, but all the cooking you have done for me was more beneficial to my health than the food provided by the school. Therefore, there's nothing more important than eating at home even though it is the most common thing in our daily life and I would like to treasure every meal you have prepared.

Do you know, mum? Writing this letter to you is just like watching the screening of my life and making the fragments of my childhood come back to me, which is so touching. As time goes by, in normal time, what I care about the most is no longer the trivial things, but my academic development. However, putting down my studies temporarily and sharing the simplest and warmest recollection with you is so pleasing, and maybe this is the best platform to tell you about my mind. I'm not that little girl who was innocent anymore; and what I want to do for you are treating you with my filial piety and studying harder so as not to let you down.

I must stop now. Our memory is just like a long story that we can't list one by one, and I hope you're as happy with me as I am with you.

Love,  
Sherry



## ***A Letter to My Parents***

***Yip Hau Wing Aubrey (5A)***

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Dearest Mom and Dad,

There is a saying “behind every young child who believes in himself is a parent who has believed him first”. I would like to express my love and my gratitude towards you through this letter.

I am thankful for having a healthy, caring and heart-warming family. You have done a great job in nurturing me as an all-rounded person. I can now take care of myself, solve different problems, and reflect on myself to be a better person. All these are the efforts of my parents.

Dad, thank you for coming back home for dinner every night. You work in Shenzhen and I know that it is a long way to travel every day; it is not only time-consuming but also energy draining. Yet, you have still decided that it is worth spending more quality time with your family. Also, I am grateful for you taking me to different new shows. They were eye-opening. You told me that I just need to build a dream to chase after, also for believing that I have the talent to reach my goals. In the future, I hope to I can not only buy super cars for myself, but also buy one for you. Even when I am all grown up, I promise to arrange time and have dinner with you, just like what you’re doing now. Lastly, I know I don’t show how grateful I am enough, but I truly am.

Mom, thank you for always trying to make special memories with me that I will remember for the rest of my life. You brought me to Paris, Germany, England, the Netherlands, etc. I know you work very hard on planning those trips and trying to make sure I have a good time. I would never forget the memories of us traveling together. In the future, I hope to travel and explore the world with you.

Lastly, thank you Mom and Dad for giving me a sister. Although my sister and I fight a lot and we do not get along all the time, she’s one of the most important people in my life. By giving me a sister, you have given me a friend for life. I will take care of her no matter what.

Mom and Dad, thank you for everything. I promise I will work hard to make you proud.

Yours  
Aubrey

## ***Love and Gratitude***

***Wong Po Yan Jasmine (5A)***

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Dear Mom and Dad,

I am writing to express my love and gratitude to you. I want to say so much, but I can hardly find the proper words. It is you who brought me up. It is you who gave me a lot. It is you who spend time looking after me.

Thank you for being with me all the time. Your support and understanding gave me the strength to continue working hard. Your encouragement is like the sunshine, which brings me out of the dark. All of your love has been given to me so that I can grow up happily. In the same way, you are my everything, my support in sorrow, my hope in misery and my strength in weakness. You are the source of my love. I have learned a lot from you.

You said to me that honesty and good faith are the two indicators of the highest level of nobility in humans, and being diligent and industrious can make me achieve whatever I want. I can read and write from your substantial teaching.

One of the earliest memories I have is during a thunderstorm. That night, I crept into your room and stood beside your bed. When a lightning struck, it illuminated the entire room. You woke up from sleep, the way you always do, with a jump despite the fact that I had neither spoken nor touched you to wake you. I lied and said I was sick, so I could climb into bed with you. I believe this is one of my earliest memories. Thank you very much for your patience.

You try your best to take good care of me and get me chances to receive the education without any complaints. You are warm-hearted. If you get the help from the others, you usually express your sincere gratitude to him / her. When you see someone in trouble, you always try your best to offer him / her a helping hand. That's what I have learnt from you.

Love and gratitude – this is what I feel now, standing in front of you. I would like to assure you that I will wonderfully achieve my goals. Someday, you will be proud of me. Thank you for your support. Thank you for being with me all the time.

Yours,

Your daughter

# **Young Poet Competition**

## **Acrostic Poem**

**Topic: My favourite character**

### **S.1 Champion**

## **Gudetama**

**Lei Kit Pui (1B)**

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**G**ood friend to everyone  
**U**nder the table for sleeping  
**D**o everything slowly  
**E**ating, drinking for enjoyment  
**T**ake a nap frequently  
**A**bsent from work and lie in bed  
**M**essy room never clean  
**A**bsolutely is a lazy egg

### **S.1 First Runner Up**

## **Spiderman**

**Man Hiu Chung (1D)**

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**S**pider web can catch bad guys  
**P**eople like him a lot  
**I** love him very much too  
**D**o everything he can to save people  
**E**nemies were defeated because of him  
**R**e-correct his mistake  
**M**y hero  
**A** hero that helps everyone  
**N**ever get defeated by bad guys

### **S.1 Second Runner Up**

## **Pikachu**

**Tang Wing Yi (1D)**

---

**P**eople love him very much  
**I** love his confidence and happiness  
**K**indness and generosity are his strengths  
**A** big smile is his feature  
**C**an you feel his cuteness?  
**H**e can attack bad people by thunder  
**U**nbelievably he is a mouse!

## **S.2 Champion**

# **Harry Potter**

**Thong Yi Ching (2A)**

---

**H**e was the boy who lived  
**A**gain and again he thwarted Voldemort  
**R**age filled him when Sirius was killed  
**R**ed was his house colour  
**Y**ears at Hogwarts were filled with adventure  
**P**rotected by his mother's love  
**O**bstacles he faced made him stronger  
**T**eddy his godson  
**T**ime never healed all his wounds  
**E**very time someone he cared about died, he always blamed himself  
**R**on and Hermione were his best friends

## **S.2 First Runner Up**

# **James Bond**

**Kevin Li (2B)**

---

**J**ames Bond is my favourite character  
**A**ction movies are very exciting  
**M**e and my family like to watch them  
**E**very time a new movie comes out  
**S**o we will watch it till the end  
**B**ut the best part of the movie is the shooting part  
**O**nly James Bond will kill them all  
**N**o one can ever stop him  
**D**uring his mission on his own

## **S.2 Second Runner Up**

# **Doraemon**

**Li Sze Kai (2C)**

---

**D**o you admire Nobita Nobi who owns Doraemon?  
**O**ur dreams can be realized by it  
**R**ats are its greatest fear  
**A** time machine takes you through time and space  
**E**njoy eating dorayaki  
**M**ost amazing thing is its pocket  
**O**ur wish can be realized through the props in its pocket  
**N**ot now, but maybe in the future



### **S.3 Champion**

## ***Hermione Granger***

***Chan Cheuk Wing Trany (3A)***

---

**H**ermione Granger is my favourite character in Harry Potter movie who

**E**xcel academically. She has a pair of front teeth like

**R**abbit. Harry and Ron saved him from a

**M**ountain troll

**I**n the girl's toilet. Later, they became best friends. She

**O**ften uses her strong magical abilities to help them. She is

**N**ot divine. She wants to be the best at

**E**verything at school. She is

**G**raffinor's student. Her dormitory

**R**oommate is Patty Barty and Wenda Brown. Dumbledore's

**A**rmey is launched by her. She is

**N**ot only good at magic, but she is also a

**G**ood leader. At the

**E**nd she got married with Ron and they have two children

**R**ose and Hugo.

### **S.3 First Runner Up**

## ***Accelerator***

***Lam Yun Sang (3B)***

---

**A**ccelerator is the strongest man alive

**C**reatures in front of him can be easily killed

**C**apable of fighting an army alone

**E**veryone is just a puppet to him

**L**aughing at the bodies he has put down

**E**cosystem can be destroyed if he wants to

**R**unning away from him is no use

**A** single touch from him can reverse the blood circulation of the human body

**T**erminator, that's what people call him in fight

**O**bsessed to protect the people he loves, with all he can do,

**R**eversing everything, including energy and light.

## ***Oliver***

***Cheng Hoi Ting (3E)***

---

**O**liver in the film *Oliver Twist* is my favourite character

**L**ittle orphan Oliver is honest and kind

**I**t makes me cry when I watch it

**V**aliant and righteous stay in his mind

**E**verlasting to all mankind

**R**ecommended to all who look for meanings between lines

# Masterpieces

## Secondary 1

# ***My New Year's Resolutions***

***Au Tsz Yan (1A)***

---

Every year, people like setting new goals to improve themselves. This year, I hope I can improve my Chinese Language ability, be fitter and healthier and make more friends.

First, I want to improve my Chinese Language ability. I was very upset about my Chinese exam results. I am going to do more revision exercises and if I have any problem, I will ask my teacher for help to consolidate my knowledge.

Next, I hope I can be fitter and healthier. I'm going to do more physical exercise and eat more vegetables, so that I will not gain weight so quickly.

Finally, I don't have many friends in other classes, what I should do is to be more helpful and kind. If they need help, I will try my best to help them. Being more sociable is my goal. I'm going to talk to them more actively, so that I can be friends with them.

I sincerely hope that I can achieve these goals in 2018. I'm going to try my best. I will not give up easily. I'm sure I can do it!

# ***A Letter to My Owner***

***Chan Ue So (1A)***

---

Dear Chris,

Hello Chris, I am Yuki. Yesterday, you abandoned me. Now, I am very sad about your choice which has made me a stray dog now.

Do you remember our great time in your home? On the first day in your home, I was really happy that I had an owner. Also you taught me how to play ball games. Moreover, you brought me to walk every night. You bought a lot of good and tasty food for me. I was very delighted. But now, I can't walk with you every night. I also can't play ball games with you and have the good and tasty food which is bought by you. We had a lot of wonderful and delightful time in your home.

Chris, why did you abandon me? Is it because I am dirty, ugly, dreary or awful? I hope you won't do this again to your future pets, or your future pets will be sad like me.

Love,  
Yuki



# ***A Letter to My Owner***

***Chan Yan Tung (1A)***

---

Dear Chris,

I am the cat you abandoned last night, Carmen. I am very dissatisfied and disappointed with what you have done to me. I am very angry and sad, because I have never thought that you would treat me like this.

After you abandoned me, I recalled our happy time before. At the beginning, I was very delighted that I could stay in your home, you treated me well. When I got along with you, I was still a puppy. You took good care of me. However, you abandoned me at the end. At that moment, I wanted to tell you that you're wrong, but I had no ability to do so.

I was wandering on the cold streets, always hungry. Now, I want to write this letter to you to tell you, you are very selfish and I hope you can understand my feeling. Do not abandon other pets any more.

Love,  
Carmen

# ***A Short Story***

***Chow Wan Chit (1A)***

---

Last week, my dad went to a market to buy a digital camera, but something happened.

At the beginning, there were a lot of people walking around the market. There were a lot of shops such as toy shops, camera shops, flower shops, etc. There was a boy standing in front of a camera shop choosing some cameras. However, he looked quite suspicious.

Suddenly, the boy snatched one of the most expensive cameras and ran away. My dad used his umbrella to grab the boy's leg immediately. The boy fell down and my dad captured him. The shopkeeper quickly called the cops and said, 'Thank you, sir. You helped me catch the thief just now and I would like to give you a free digital camera as a reward.' My dad felt surprised and grateful. 'Thank you very much! I'm really looking for a new camera.' My dad replied joyfully. Meanwhile, the cops arrived and took the thief back to the police station.

My dad still hasn't used the camera yet. But he said that was definitely an unexpected and surprising day.

# ***My New Year's Resolutions***

***Chow Wan Chit (1A)***

---

Every year, people like setting new goals for the year ahead. We often make plans for improving ourselves. This year, I hope I can improve my academic results, improve my physical health and I should not forget to bring my homework.

The first thing I want to do is improving my physical health. Last year, I got sick quite easily and it usually lasted a few days. I felt very uncomfortable. My goal is to do more physical exercise so that I can stay healthy.

After that, I hope I won't forget to bring homework to school. Last year, I forgot to bring homework several times and I always got punished by my Mum. It is clear that I must check my homework more carefully.

Finally, I want to improve my academic results. I got a bad result in the exam. Although I passed most of the subjects, I still feel very sad because I failed my Chinese exam.

I hope I can achieve these goals in the new year. It is possible! I will never give up!

# ***A Letter to My Owner***

***Leung Hoi Ching Sophine (1A)***

---

Dear Chris,

Last week, you abandoned me. I am very upset and disappointed about your action, so I am very writing to express my feelings. Do you remember we had a great time in your home?

At the beginning, I was very glad that I could stay in your home. You always took good care of me patiently. For example, you always played the ball with me in the park during your free time. We had such a good time together.

Moreover, I remember I was ill last time. You were worried about me. You took me to the vet. You took care of me patiently. I thought you're a responsible owner. During my stay with you, I've learned a lot of things from your family, for example, we should be loyal and optimistic when we face difficulties.

Can you tell me why you abandoned me? I am very depressed and I hope you can understand how I feel. I hope you won't do this again to you future pet.

Pet,  
Rocky

# ***A Letter to My Owner***

***Liu Ka Yi (1A)***

---

Dear Chris,

At the beginning, I was very happy that I could stay in your home. But last week you abandoned me, I was very sad and disappointed, so I am writing this letter to express my feelings.

We had a great time at home before. You were a good owner before because you always played with me. When I was sick, you were always worried about me and took me to the vet, even I was just a little sick. And you rarely scolded me, even I was very naughty. I really liked you before.

Although I couldn't change the fact that you abandoned me, I still want to know why you abandoned me. If you had your reasons, I would forgive you. If no, I just hope you won't do this again to your future pets, because it will make them sad.

Finally, I want to tell you, I am really depressed and sad. I still can't believe what happened and I hope you can understand how I feel. And whether your future pet is a dog, a hamster, a turtle, or a gold fish, I hope you can be determined to treat it whole-heartedly, and never abandon it. I am really happy I could stay with you before.

Goodbye Chris, I will never forget you even I find a master who is better than you in the future.

Your pet,  
Kitty

# ***My New Year's Resolutions***

***Liu Ka Yi (1A)***

---

Every year, people like setting new goals for the year ahead. We often make plans for improving ourselves, such as school grades, friends, relationships, physical health, etc. This year, I hope I can become smarter, don't be too lazy and spend more time with my friends at weekends.

The first thing I want to do is improving my school grades. Last year, I got high scores in my all exams and tests. I'm going to do more exercise to improve my school grades. Apart from the grades, I also want to spend more time with my friends like shopping or doing something funny together. This way, we can maintain good friendships.

Finally, I know that I'm too lazy. I think I should do more physical exercise to keep my health. Although this is too difficult, I will try.

I sincerely hope that I can achieve these goals in 2018. I am sure I can become a better person!

# ***My New Year's Resolutions***

***Wei Siu Hung (1A)***

---

In Hong Kong, 'Setting New goals' is quite popular. We often make plans for improving ourselves. For example, we may want to improve our academic results or be a nicer person. But by just saying it, you can't change anything. So I am writing action plans to set concrete goals for getting good results in English and becoming a responsible and neat person.

First, I want to improve my English result. Last year, I always got 'C' or 'D' in my English Language assessment. I hope this year, I can improve my English result. I am going to study hard so I won't disappoint Miss Wong.

Second, I want to be a responsible person, it is because last year in my primary school, many classmates said I was not responsible, so I am determined to change this bad habit. I am going to complete all my work by myself on time.

Next, I want to be a neat person, it was because yesterday, I found my room's messy photo. I felt so disappointed with it so I want to change this bad habit. I'm going to categorize my things like stationery and books and tidy up my room.

I hope my dreams in 2018 can come true.

# ***My New Year's Resolutions***

***Wu Yeung Hei (1A)***

---

It is 2018 now. I have made plans for this year. This year, I want to study hard, go to Disneyland and drink enough water every day.

First, I want to study hard in all subjects. I always get failed in some difficult subjects. So, I need to be earnest and be serious in my studies. I will pay full attention in class and jot notes whenever I need. I hope I can improve my grades.

Then, I want to go to Disneyland. I have not been to Disneyland for a long time. I can take some fancy and beautiful photos there. Therefore, I want to go to Disneyland again but I need to get great results in exam first to persuade my mother to let me go there.

Finally, I should really drink enough water every day because I think I do not drink enough now. Sometimes, I don't want to drink it as it is tasteless. I will remind myself to keep hydrated.

I hope I can achieve these goals in 2018. I will not give up easily.



# ***A Pet Party***

***Tsang Chiu Tsz Kiu (1B)***

---

It was a beautiful Sunday morning. My classmates and I held a pet party at school. I rode my pet dinosaur, Jacky to school.

Jacky was a fat dinosaur. He had big eyes and a small nose. He was friendly. He played with me every day. He loved people sitting on his back. Riding on him to school was my favourite transportation.

My classmates saw my dinosaur. They were scared at first. Then they became curious and had a lot of questions to ask me. My face turned red but in fact, I was proud of my unusual pet, Jacky. My classmates, David and Cindy brought a dog and a cat respectively. They were jealous of me because my pet was the biggest.

After chatting and eating cheerfully, we had play time. Our class teachers designed a game. In the game, we all had to run to the playground. The fastest one would be the winner. Then all of us and our pets were ready. The class teachers said, 'Get set, go!' All our pets and classmates ran. Of course, Jacky and I was the fastest. But when we were close to the finish line, Jacky tripped over on a stone. His foot was seriously hurt! We could not continue although the finish line was just in front of us.

Finally, we lost, but we were satisfied since we had lots of fun in the pet party.

# ***I Miss Watson***

***Chan Ho Yan Emma (1B)***

---

It was a sad Sunday morning! Since then, I can only see her in the zoo!

I had a pet dinosaur. Her name was Watson. She was three years old. She was fat, and she had sparkling eyes and beautiful mini wings. She was pink and white. I thought she was very naughty but she was also kind and sunny. She liked playing with me and going to the park. My parents and I liked her very much.

Last Sunday morning, I brought her to the park for a walk. We attracted many children. They thought my pet was unusual. They were curious. Also, many courageous children played with her happily. But most of the parents thought she was dangerous and they were scared of her, so someone called the police and asked for the help from the AFCD to deal with the case. Of course I did not know that matter since Watson and I were making new friends at that moment.

When some policemen and the staff of the AFCD came, I was very scared and shocked. Then the staff of the AFCD caught Watson violently. I immediately called my parents and told them everything. They ran to the park quickly. They tried to explain to the police that Watson was a gentle pet dinosaur. She was sociable and friendly to human beings. However, the police said firmly, 'Sorry, your pet is dangerous! We should protect citizens' safety. Thus, we will bring it to the zoo. Please sign this document. My parents had no choice but to sign the document. We needed to agree with the police's arrangement or Watson would be killed.

We said goodbye to Watson and comforted her that she would be okay in the zoo. We promised to visit her frequently. Then, we left the park sadly. Also, Watson was sent to the zoo by the AFCD.

I have spent a lot of time to calm myself down and now we are looking forward to visiting Watson in the coming Sunday.

# ***My Friend, Ron!***

***Choi Yuen Yu (1B)***

---

On a Sunday night, I was going to bed. I touched a whistle. That whistle looked strange. But I know that if I kept studying it, I could not sleep in a few hours. So I put it on the bedside.

The next day, I got up hurry. My sense was not clear at that time. I put on my uniform hurriedly. Then, I saw that whistle. I blew it consciously. Suddenly, I felt a strong wind blowing! A dinosaur came to my window. It was huge and with two colourful wings. But the body of it was very dark. I bet you could not see him at night. I glanced at my watch, I asked embarrassedly, 'Can you bring me to school?' Without a second, he picked me up in his mouth. It just took me two minutes to school.

The dinosaur put me down on the school playground. I was glad that he did me a favour. It was strange that nobody discovered him. Maybe he had magic powder to make himself invisible.

After school, I could not see that dinosaur again. I started to think that he was just an illusion. When I was back home, I found the giant dinosaur lying on my bed! It was real!

We became friends. He was Ron, a friendly dinosaur ambassador from Dinosaurland. His mission was to make friends with human beings and let us have a better understanding of dinosaurs. In these days, we played together happily. Time flew! I could sense the day of our separation was not far away.

One night, Ron wanted to take me to a place. I climbed on his head. He travelled such a long distance that I napped comfortably on his body. When I woke up, I was on a busy street but this time, all the people around us looked at us with strange eyes. It seemed that everybody did not welcome Ron and me.

Ron gently put me on the ground. The ground was soft. The sky was full of stars. The beauty of the stars was unspeakable. Then, I fell asleep again.

I woke up on my bed. Ron was not there but the whistle was still in my hand. It was like a dream. Nobody could tell me about Ron, even nobody had seen him.

I will not play this whistle again. 'Ron, if you must leave, I wish we did not meet each other.' Separation is heartbreaking!

# ***Dinosaur – Nana Is Sociable***

***Lei Kit Pui (1B)***

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It was a sunny Sunday morning, I took my pet dinosaur Nana to the park to have sunbath. It liked sunbath very much.

I took it to the North District Park. It was a big park. There was a running track and a pond. Nana and I walked around the park. After an hour, I felt tired, so I put Nana on the floor and sat on the bench. Nana ran to eat the flowers and climbed up the tree. “Please sit down, Nana! It is so dangerous!” said I. Then Nana sat down on the bench sadly.

After a while, some children came. They were scared of Nana at first. Then I said, “It is kind, it will not hurt you.” The children played with Nana happily. They gave Nana potato chips and soft drinks. After eating and drinking, Nana started to dance on the bench. The children laughed and danced together. They had an enjoyable time with Nana.

It was nearly twelve o’clock and we went home to have lunch. Next time, Nana and I would visit other places to make more friends.

I am cheerful that I have such a sociable pet dinosaur.

# ***A Letter to My Primary School Teacher***

***Lei Kit Pui (1B)***

---

Dear Miss Kam,

How are you? Long time no see. Are you busy?

Time flies. I have studied in Fanling Lutheran Secondary School for two months. I'm happy to study in this school. My school campus is very big. It's around 180,000m<sup>2</sup>. Every day when I step into the school, it takes me 10 minutes to walk from the entrance to my classroom. I'm glad to meet a lot of classmates here. They are kind and friendly.

It is hard for me to study so many subjects in secondary school, especially when most of them are in English. I will work hard. In this school, S1 students must join one activity every Wednesday. I have joined a Percussion course. I find it very interesting.

My English teacher is Miss Chan. She has been teaching in this school for 23 years. She's kind to us. Her lessons are interesting and interactive. I like her lessons very much.

In the coming January, I hope I can visit you and other teachers in the School Carnival with other primary schoolmates.

Take care!

With Love

Ashley

6D(11)

Year 2016 - 2017

# ***The Bad Dream***

***Li Wing Yan Kelly (1D)***

---

Today, John woke up and went to the kitchen. He walked to the calendar next to the refrigerator and he knew today was 13 May, Friday. It was his birthday as well as Black Friday, which many people dislike. On this day, everyone seems to encounter terror and unhappiness.

He stood still because he heard some noise of breaking glass. He ran to see and he found the glass in his home window broken. He then looked out of the window and discovered that his black cat had run outside! When he ran to the road, the red light was on, and the black cat was in the middle of the street. Suddenly, a large truck drove in the direction of the black cat. When the truck hit the black cat, he stood still and did not know what to do. The black cat's tragic cries only lasted for a few seconds. There was no sound in the middle of the road. Only a bloody body was there. His mood was very unstable. In the end, he decided to bury the black cat in the backyard.

When he took the cat's body back home and was ready to bury the cat, he passed a house that was about to complete the repair work. A worker was painting the ladder, but unfortunately, the worker was standing steadily on the ladder. As soon as the worker came down, the ladder was about to hit the worker and John. He closed his eyes. Suddenly, he heard a purr from his ear. He opened his eyes and looked at the surroundings. He found this environment very familiar. This was his home! He returned to his home, looking to the left, and he saw his black cat, just like the one on the road. It was just a nightmare! The glass wasn't broken, and the cat did not die. What he had just seen was a dream. Look at the calendar, Friday, May 13, the "Black Friday" has just begun.

# ***An Unlucky Day***

***Wong Tsz Hin Alex (1D)***

---

Yesterday was an unlucky day and all bad things happened to me. It is because yesterday was Black Friday.

When I got up, I looked at the calendar and found that today was Black Friday. I was shocked and frightened because I had important things to do, so I started to be careful. Then I tried to forget it and I began to dress up.

After I went out, I found out that I forgot to take my suitcase, so I went back home and I got sweaty. When I went out again, I saw a black cat. I felt scared and the black cat ran away soon.

Unexpected and bad things happened to me. When I turned right, I found some paint dripping on me and my clothes. I felt so helpless and angry that I had to cancel today's important appointments.

However, bad things didn't stop. After I cancelled all appointments, I went home in a mess. While I was crossing the street and I was still thinking about what had just happened and how terrible the Black Friday was. I didn't notice that a car was heading in my direction. When I lifted my head, the car appeared in front of me, and suddenly there was a big bang. Luckily, the passers-by pulled me back from the edge of death. I was panting heavily. Eventually, it just bumped my suitcase off my hand.

After this incident, I decided not to do anything on Black Friday and it almost took my life on this day, so I hate Black Friday forever.

# ***A Black Friday***

***Yip Tsz Kit Dafannas (1D)***

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Last Friday was Tom's unlucky day. It was Friday the thirteenth. It was also called "Black Friday", because it is considered an unlucky day. When Tom saw the date on the calendar, he was so anxious and disturbed. Therefore, he was worried that some unfortunate incidents would happen to him. After he had had his breakfast, he went out to work.

When he just walked out of the door, he saw a black cat crossing his path suddenly. He was shocked and he said to himself, "Oh my god! Where does this cat come from? I have never seen it before. It will bring bad luck." Then he walked through an alley absentmindedly. "Watch out!" someone shouted loudly. Tom looked up. A man was painting the wall. Tom discovered that he was walking under a ladder, "Jesus Christ! What happened to me today?" He felt more and more uneasy and restless. Tom was a clerk in the office. Unfortunately, he did his paperwork all wrong, so he was blamed and scolded by his supervisor seriously. When he went to the toilet, he slipped and fell down on the floor. He was hurt badly and sent to the hospital. His right leg was broken and it was put in a cast. The doctor gave him some painkillers and told him to stay at home for at least two weeks. Tom completely collapsed. "I hate Black Friday!" Tom screamed desperately.



# ***A Letter from An Abandoned Dog***

***Yip Tsz Kit Dafannas (1D)***

---

Dear master,

How are you? I am doing very well with my new master.

Do you miss me? Obviously, you do not. Thank you very much for abandoning me. Otherwise, I wouldn't have met my new master.

I remembered the first day I was abandoned by you in the street. It was a rainy day and I was cold and hungry. The northerly wind pitilessly set me shivering. However, you didn't give me a glance when you left. You know, my heart was broken. I thought I was in hell. Since then, I realized that I was not a pet anymore. I was a stray dog. I slept under the staircase feeling very lonely that night.

On the second day, I went to look for food everywhere, inside the garbage cans, at the back door of the restaurants and the rubbish bins in the park. It was a hard and long day. For a moment, I was so naïve and stupid because I thought that you would come back for me, but I was wrong and desperate.

Thanks god, at that moment, my new master came to me and he patted me gently and said, "Poor little thing, how come you are here? Where is your master?" Then he cuddled me up and wrapped me up with his scarf carefully. I was so warm then, not only my body, but my heart too.

Afterwards, he took me home and took care of me patiently. He values me very much and I love him very much too.

This is my new life. Thank you very much again for dumping me. I hope you won't keep another pet again. Good luck!

Your abandoned dog,  
Rocky

# ***My Web Profile***

***Wan Wing Lai (1E)***

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## **About me**

Hi! I am Winnie Wan. I have shoulder-length hair. I study at Fanling Lutheran Secondary School in Hong Kong. My English name is “Winnie”. My classmates always call me “Winnie the Pooh” because of the cartoon character. I think my classmates are humorous and interesting and we can get along well together. I am an active girl. I like to join different kinds of activities after school such as playing badminton, swimming and ice-skating.

## **Favourite things**

I love eating every much. I love eating at French restaurants! I usually eat out once a week because French food is very yummy but expensive. I like to take photos of the food because the dishes look beautiful. I like reading Chinese and English story books. My favourite character is Holmes. He is clever and hard-working. He is sometimes quite funny.

## **Free time**

Do you like listening to music? Yes, I do. I love listening to pop music. Listening to music can make me feel relaxed. I love listening to music every much.

# ***My Web Profile***

***Tse Tsz Wan (1E)***

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Hi, I'm Minnie Tse. I'm tall and I have long straight hair. My favourite subject is Visual Art because I like painting and drawing very much. My best friend is Tsz Yan Lau. Her English name is Sarah. Sarah is kind and cute.

I like reading too because we could find a lot of new and interesting things there. Also, I can learn more from books. I like dancing as well. Everyone also likes my dancing very much. I am cheerful because I always smile to others. I am helpful too. I always help my mother do some housework after we go shopping.

Do you like listening to music? I like it very much, particularly Japanese music. My favourite singing group is iRis. They are a Japanese music group. Their songs are very good and very famous. I remember one of their songs got number 1 on Japan Music Chart. So, they are very popular in Japan. My mum is also my favourite person. She is my role model too because she is very smart, when I do not know how to do homework, she teaches me patiently.

# ***My Cheerful Page***

***Wu Ho San (1E)***

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Welcome to read my home page!

## **About me**

Hello! My name is Lachlan Wu. I am short and I am a little bit fat. I wear glasses when I go to school but I do not wear glasses when I go out. My personality is cheerful and hard-working because I always smile and I like to read the non-fiction books. It is because I can learn more about the knowledge.

## **Favourite things**

I enjoy eating. I like eating out because I can taste some food that we don't know how to cook. Also, I like eating at home because when I cook the food successfully, I will feel delighted. I often draw buses, taking photos of buses and trains and I collect bus models. Until now I have collected 50 more bus models.

## **Favourite people**

I like listening to music because when I listen to it, I am relaxed. My favourite singer is Chan Pak Keng and my favourite music band is "Beyond". I love my mum and dad very much because when they see someone in need of help, they will lend them a helping hand.

# ***A Letter to Charles***

***Cheng Hei Lok (1F)***

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Dear Charles,

I know that you're upset because of your weight. Don't worry. There are some healthy and effective ways to lose weight. I'm your best friend. I am always stand by you and help you.

First, you should eat more fruit and vegetables and eat less desserts and fried food. Sugary and oily food will make us fat, but fruit and vegetables have a lot of vitamins and minerals. If you keep eating three portions of carbohydrate, two portions of vegetables, one portion of meat and a little bit of dairy products, you will be fitter.

Secondly, you should do more exercise with others. Doing exercise for an hour every day is good for you. Doing exercise can help burn fat. Apart from this, doing sports can help us make more friends.

Finally, I suggest you play with classmates. If play with your classmates, they will know more about you and don't hate you anymore.

Charles, this is my advice to you. Don't give up easily. I will always support you.

Yours,  
Chris

# ***The Boy and The Camera***

***Leung Oi Lam (1F)***

---

Last Sunday, I went to the market and shopped with my mother. At the beginning, we went to a shop that sold dresses. I bought a dress. After that, we went to a shop that sold cameras and smart phones. I saw a boy in front of me and he looked at the most expensive camera in the shop. At first, I thought he wanted to buy it so I went to another side that sold smartphones.

Suddenly, I heard the shopkeeper yell, 'Don't run away!' At the moment I saw the boy take the camera and run away. The boy must have stolen the camera! Meanwhile I saw the shopkeeper take out an umbrella.

The shopkeeper used the handle of the umbrella to hook the leg of the boy. Bomb! The boy fell down and I thought he might be hurt.

At last, the shopkeeper didn't bring the boy to the police station since he wanted the boy to reflect what he had done. I hope he will change and be a better boy.

# ***A Letter to Charles***

***Zhuang Xin Tong (1F)***

---

Dear Charles,

I know that you are upset because of your weight. Don't worry. There are some healthy and effective ways to lose weight. I'm your best friend. I'm always beside you and help you.

Firstly, you should have a healthy diet. You must eat breakfast, lunch and dinner every day. Don't eat too much or too little. You can't eat snacks or junk food. This food has a lot of fat. If you eat them, you may become fatter.

Secondly, you should do more exercise every day. You can start from the easy one, like jogging. Swimming is also a good sport. It can make you get cooler in summer. It also can help you lose your weight. You must do exercise regularly and you can't give up easily.

Finally, I suggest you talk with others more often. It can help you be more sociable and make more friends. You need to be more confident. Don't always worry about your appearance. Don't care much about the bullying from others.

Charles, this is my advice to you. Don't give up easily. I will always support you.

Yours,  
Chris

# ***My Summer Holiday Plans***

***Zhuang Xin Tong (1F)***

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I like summer very much. I looked forward to the summer holiday. I have planned some activities for relaxation and gain some useful knowledge.

Firstly, I'm going to learn how to swim. I can't swim well, so I want to learn it. I think swimming can make me healthier and it is a good skill. If I fall into water, I can protect myself. Moreover, it will be very hot in summer. Swimming is a good way to cool me down.

Secondly, I'm going to travel to Thailand. I will feel very bored if I always stay at home. So I've planned to travel to Thailand for a week. I chose Thailand because I think that is an amazing country. There are a lot of fruit and animals. I think I will have a happy trip in Thailand.

Lastly, I am going to study at home after my travelling. After the trip, I will feel very excited so I need to study and prepare for my F.2 study. I hope that I will do all these things and have a wonderful summer holiday!



# ***A Letter to Charles***

***Lee Yin Shun (1F)***

---

Dear Charles,

I know that you're upset because of your weight. Don't worry. There are some healthy and effective ways to lose weight. I'm your best friend. I'm always beside you and help you.

First, you should have a balanced diet. That means you should eat five portions of fruit and vegetables. Also, you shouldn't eat oily and salty food, such as junk food, potato chips. Fruit and vegetables contain a lot of fibre and Vitamin C. They can help you lose weight.

Secondly, you should do more exercise. You need to do exercise for at least half an hour every day. When you do exercise, your body will burn fat. Doing exercise also can make your heart, lungs and the muscles of your legs stronger.

Lastly, I suggest you tell your problems to social workers, friends, teachers and parents. If you let them know your problems, they will help you solve them. But if you don't tell them anything, they will never know your problems.

Charles, this is my advice to you. Don't give up easily. I will always support you.

Yours,

Lester

# Masterpieces

## Secondary 2

# ***Clean Up***

***Kevin Li (2B)***

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Dear Editor,

I have been living in Hong Kong for many years and I am concerned about the environmental problems in Hong Kong. If we don't keep the environment nice, it'll affect our health and our daily life. It can spread disease and make the work much harder for the doctors and nurses.

First, the waste we produce every day is getting more and more. We need to stop producing waste or the three landfills in Hong Kong will be filled up with rubbish and we need to open another landfill to fill the rubbish. This is one of the most pressing and serious environmental problems we are facing.

The second one is air pollution. Air pollution in Hong Kong is very serious. We need to act quickly or the air pollutants in the air could affect our health. Some can affect the brain's functions or even cause respiratory disease, bronchitis and asthma may result.

Here are some of my suggestions. I suggest that people should use less disposable items and use items that can be recycled. We can use the 3Rs too. We can reduce the waste we produce, reuse paper and recycle plastic bottles and more. We could even use renewable resources to generate electricity to reduce the air pollution. We could drive less or use a fuel-efficient vehicle. Such as fully electric vehicle.

I hope you can all change your daily life and produce less rubbish to improve the environment in Hong Kong. We should act now or we would eventually affect our health. We should care more about the environmental problems in Hong Kong.

Yours faithfully,

Chris Wong.

# ***Sales Presentation Script for Teleporto 3000***

***Kevin Li (2B)***

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Good morning ladies and gentlemen. Welcome to this sales presentation. My name is Chris Wong.

Today, I am going to talk about Teleporto 3000. It will take you just a few minutes.

The Teleporto 3000 is a new teleporter for everyone. It is small and convenient, there is only one button and a few bars. It is as simple as a piece of cake. You can save time traveling from one place to another.

The Teleporto 3000 is super convenient, there is only one button. It is used for activating the magical door. You can go anywhere you like so you don't need to pay any taxi fare or bus fare. What you only need to do is to think where you want to go and then simply press the button, then go through the magic door. That's all!

The Teleporto 3000 sells for 10000 dollars, but the first day out, it will be on sale! Yes, 50% off! You can buy the second one with a 10% off discount too. Come now and get yours or it will be out of stock.

Thank you for listening, come and get yours now!

## ***A Small, Green Taxi***

***Kwok Hei Wing (2B)***

---

Call the taxi on my mobile phone.

I see a green taxi and I go out from home.

It is convenient to take a taxi.

I go to find my friend, Cici.

Taxi only has five seats.

In the taxi, we can't drink or eat.

It is very fast to reach my destination.

Where we can find our big meal location.

# ***A Sales Presentation Script***

***Lee Man Ching Jade (2B)***

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Good morning everybody. Welcome to this sales presentation. My name is Chris Wong. Today I'm going to talk about this amazing diving suit. It'll only take you a few minutes.

Amazing diving suit is different from other similar products. It's so thin and light just like a piece of paper! However it is still as warm as a down jacket. And the most different thing is that it has lots of small pockets for you to put things in it, such as your mobile phone, wallet and even a pack of tissue! Don't worry that it'll get wet or become a burden of your trip because those pockets use the latest technology to connect different dimensions and they are waterproof!

You can experience the best thermal efficiency in the water and the amazing diving suits use the most flexible material for you to get the biggest comfort in any activities and places.

Normally, we only provide a diving suit in \$1500 but you are very lucky as we are having a Halloween discount. And we'll give you a pair of diving goggles and flippers in the same price! Come and get yours now!

This is the end of my presentation. Thank you for listening.

## ***A Letter of Advice***

***Luo La Laura (2B)***

---

Dear Pat,

Thank you for writing this letter to me. I'm sorry about the problem you're facing. There are always many problems or difficulties when we are growing up. But don't worry too much, I will help you. Here is some advice for you.

I think most parents are bossy in a way. They want their children to obey their orders. But the things that they want you to do are always good for you. And your mum wanted you to eat broccoli because it's good for your health. I think if you really hate broccoli, you can just talk to your mum and suggest that you may have broccoli only three or four times a week. What's more, I think other vegetables like spinach and lettuce are also good for our health. You may tell your mum which kind of vegetables you like.

In addition, you don't need to pay too much attention to how your friends judged the way you dress. Everyone has their own style. But if those leggings and tights really affect your health, I advise you not to wear those clothes frequently. If I were you, I would try to wear other clothes to change the style sometimes.

I hope my suggestions are helpful to you and hope everything is getting better.

Love

Chris Wong

## ***A Letter to Pat***

***Luo La Laura (2B)***

---

Dear Pat,

How's everything going? I've heard something happened around you and I feel sad about that. Don't be too worried and stressed. I will give you some advice and hope it can help you!

First of all, it is very important for you to do exercises regularly. You could go for a run in the morning before you go to school or try to take part in the school athletics team. Don't be shy, with more practice, you will run faster and be healthier.

Secondly, I think you should not pay too much attention to what your classmates say about your appearance. If I were you, I would just ignore them and focus on the other more important things. Why don't you take up a relaxing hobby? It may bring a lot of happiness to you and even change your life!

Above all, you shouldn't buy any slimming pills. You need to lose weight healthily. Taking pills may be harmful to your growing body and you shouldn't depend on the pills to keep your body slim. What you should do is to have a balanced diet and try to work out regularly.

Are you still unhappy? You can write back and I will always be with you! I hope you can always have a positive spirit.

Best wishes,  
Chris Wong



# ***A Wooden Box***

***Luo La Laura (2B)***

---

It is summer, and the most enjoyable thing to do is swimming. Last Sunday, when the sun shone brightly, my two friends and I decided to go to the beach for a little break. There were not too many people and the sand was clean. Everyone was enjoying themselves, swimming in the sea, drinking their drinks. My two friends and I were building our sandcastle and that was what we were used to doing when we went to the beach.

When we were setting our sandcastle, I suddenly saw a box moving from the sea to our side. “What’s that floating on the water?” I said, pointing at the box. They looked up and walked closer to the sea. “May, we can pick it up first.” said the boy with curly hair. We found it heavy when we lifted it. Then we put it on the hard sand carefully. Nobody noticed us. The wooden box seemed new and there was no lock for the box. We kept silent for a while, thinking about what to do next. I was so curious if there was anything inside the wooden box, and I said “Can I open this box?” Slowly, they nodded their head. When I was ready to open it, the boy with curly hair closed his eyes as he was always afraid of unknown things. To my surprise, there wasn’t anything horrible but beautiful seashells and a piece of paper.

“Take your favorite one and it will bring good luck to you!” written on the paper. Another boy and I chose our favorite seashells quietly. We slowly closed the box then put it back to the sea without telling the boy with curly hair. He opened his eyes when we chuckled slyly. “Where is the box?” he asked. “It turns to the seashells” I said, taking out my seashell. “I see...” he said, nodding his head slowly. “And here you are.” I said happily and took out another seashell for him. When the sun shone brightly, we laughed.

# ***My Days as A Hawker***

***Ng Sheung Hei (2B)***

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When I was 16 years old, my family was very poor. They didn't have enough money to let me study so I dropped out of school and worked with my father. We sold food like stinky tofu, fish balls or brown sugar rice puddings every day. We usually started working at street side at noon since at that time there were more people.

I liked being a hawker and enjoyed it though it was very hard. One thing I enjoyed the most being a hawker was that it was very exciting. Every time a person screamed, "The police are coming!" All of us had to run immediately. Since it was a long time ago, if you got caught by the police, you must give them some money to buy your freedom. That was the most exciting and difficult part of this job.

Being a hawker was very hard, but there was one moment I'd never forget. The police came and we had to run away. However, I saw a man fall down. I helped him but I got caught eventually. Luckily that man was nice and he didn't go away. He gave money to the police to buy our freedom. We became friends ever since.

# ***On The Bus. Where Are You Going?***

***Wong Shun Him (2B)***

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You run very fast,  
go and have a bath.  
Go to Sheung Shui Wai  
to eat an apple pie,  
and the bus arrives.

GO GO GO!  
Going to Tai Po!  
Sit on a comfortable seat,  
sleeping on it.  
The bus arrives and you get a kiss!  
Have you ridden on it?

## ***If I Could Talk, I'd Like You To Know***

***Cheung Tin Yeung (2C)***

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If I could talk, I would like to let you know. I want to thank you for saving me, I was abandoned and you adopted me. I appreciate you for treating me like your son. We had fun over the years. You watched me grow up over the years. I watched you grow up too, you were getting older and tired. But you still treat me well.

I know you have a family, we watched your daughter grow up. We had great times together, we had many adventures.

But I ended up my life in a vet clinic, I still thank you for all the things you had done to me, I appreciated.

# ***My Idol – Jackson Wang***

***Li Lai Ying (2C)***

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My idol is Jackson Wang, a rapper, a singer and a dancer in South Korea. I admire him because of his determination to pursue his dream and his excellent language skills.

First, I admire his determination to pursue his dream. He was a sabre fencer for Hong Kong's fencing team before becoming a singer. His coaches were very disappointed when he started his new career in music industry. I admire him because he is brave, he gave up his scholarship to Stanford University or fencing to fight for his dream.

Second, he has motivated me to learn different languages. He speaks fluent English, Cantonese, Mandarin, Shanghainese, Japanese and Korean. His excellent language skills help him develop his career in music successfully. He has fans from Hong Kong, China, Korea and Japan. I have to be more hard-working so that I can improve my language skills, such as Korean.

Jackson Wang has been my idol for three years. I am very thankful for him because he can pursue his dream with determination and he has motivated me to learn different languages.

## ***Be Considerate***

***Li Sze Kai (2C)***

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On a sunny weekend, Paul went to the cinema to watch a new movie. This movie was his favorite science fiction film .He looked forward to the film for a long time, and finally he could see it.

He picked the best seat, bought some popcorn and drinks and waited for the movie to begin. Paul sat next to a lovely little girl. But what made Paul unhappy was that the little girl wasn't watching the movie at all. She was playing with her mobile phone. But Paul didn't care because the movie was good.

Suddenly, there was a ringing tone in the cinema. It came from the little girl's mobile phone. Everyone was dissatisfied with the little girl. The little girl didn't get up to leave at once. She answered the phone and spoke loudly. People were all angry.

Later, an administrator came in and asked the girl to leave the cinema. But the little girl refused to leave. She said, 'I bought the ticket, you have no right to make me leave.' The administrator said, 'I know you bought the ticket, but the cinema forbids the audience to make any noise. You must keep quiet and shut the phone down.' 'Ok.' The little girl left. After the girl left, Paul and the audience continued to watch the movie with relief.

This story tells us not to be selfish and we should be considerate, especially in public places. We should be more careful and should not cause any troubles to others.

# Masterpieces

## Secondary 3

# ***Pros and Cons of Using IT in Education***

***Chan Cheuk Wing Trany (3A)***

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In this era of technology, using IT in education is on the rise in mainstream schools. Using IT in education means using different kind of electronic devices as learning tools, for instance, electronic books will replace the printed books. Some schools think that using IT in education is more convenient for learning. Nevertheless, I think using IT in education should not be adopted.

First, lots of people think that using IT in education is more effective for students during the studies, because students can send or receive assignments by a click of mouse. Also, there is endless information online. There are different functions, for example, sound, pictures and web links can be added to e-books.

Moreover, it is more environmentally-friendly. The electronic books do not use much paper, it can be accessible everywhere. As students use the electronic books in lessons, it can reduce the weight of students' schoolbags. Students do not need to carry lots of books every day. They will feel relaxed.

However, there are lots of limitations in IT education. I think the disadvantages outweigh the advantages. In the following, the disadvantages are outlined.

First and foremost, the electronic devices are expensive. The prices of different devices are not affordable to everyone. And it influences students' studies. Since the electronic devices may be broken easily, students can't use the electronic books when it is repairing. Eventually, it may lower their learning speed.

Secondly, the electronic books are not more environmentally-friendly. Although the electronic books reduce the use of paper, the battery of the devices does not last long. The books need to be connected to the power supply when students read them. It requires more electricity.

Last but not least, the prolonged use is harmful to the eyes and backbones. Students glue their eyes to the small screen for a long time, it leads to neck pain. The screens produce the radiation which is bad for students' health.

To sum up, using IT in education seems good. However the disadvantages far outweigh the advantages. Thus, I disagree that we should keep using IT in education.



## ***Seoul (A Limerick)***

***Chan Cheuk Wing Trany (3A)***

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I dared to explore this spicy city in the midsummer  
Though travelling alone but full of colors.  
The city tour was as tall as a spire, as hot as fire.  
I ate lots of kimchi and seafood, I couldn't stop my desire  
I miss Seoul. When I see you again perhaps I'd be a traveler!

## ***A Letter to Edith***

***Chan Yu Lok (3A)***

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Dear Edith,

I am sorry to hear your problem. But, no worries! Many people have suffered from insomnia before, including me. You will get well soon if you take the following suggestions into consideration.

First, insomnia may be resulted from academic pressure. As your tests are coming, you may feel a bit nervous and this affects your sleep. I suggest you relax and work hard. For example, you can schedule your revision time and have sufficient preparation before tests. Not giving yourself too much pressure will improve your sleeping quality.

Second, having a healthy life style can lower the chance of insomnia. For example, you should avoid using electronic devices one hour before you go to bed. Instead of using electronic devices, you can do some reading which helps you have a better sleep. Moreover, doing regular exercise can enhance your sleeping quality. So you may plan to do one hour exercise rather than only sitting for revision.

Third, I highly disagree on eating sleeping pills unless you get the instructions from doctors. Eating sleeping pills may only be effective in the short run, but it hurts your health in the long run. So if your condition is getting worse, I recommend you to see the doctor. Be brave to seek help from doctors.

I hope the above advice can help. And I am looking forward to hearing your good news. Good luck for your tests.

Yours,  
Chris

# ***A Letter of Complaint to The Manager***

***Hui Kwan Lok Kenneth (3A)***

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Dear Sir,

I am writing to complain about the service of the waiter who served me and my friends in your restaurant today.

The waiter saw us when I called for service but he did not come over to respond to our request. He walked away and ignored us. I felt so angry and embarrassed about it.

After a few minutes, the waiter finally came and asked whether we needed any help. He poured water into our glasses and split the water on my trousers. At the same time, another waiter came and talked with him. The waiter did not apologize and still kept on joking with other waiters! I was really disappointed. This was not only about a careless mistake but also your waiter's bad manners.

Moreover, I told him the food was not what we ordered when we got the food. 'Are you sure?' He asked with doubt. I was definitely sure. It seemed that was my fault. He was so rude and did not change the food for us. The waiter did not respect us at all!

In the end, he stopped us when we were going to leave and asked, 'No tips?' It was ridiculous! He wanted a tip for such bad service. That made us so angry and shocked. It was the worst experience I have ever had in my life! I am not targeting at the waiter. I am just expressing my anger and hope you can understand me.

You should look into the case and actions need to be taken. If no improvement is seen, I cannot help but to write to the press. Thank you for your attention.

Yours faithfully,  
Sam Hui

# ***Apply For A Summer Job***

***Hui Kwan Lok Kenneth (3A)***

---

Dear Ms Smith,

I am writing to apply for a summer job in the Summer Holiday Activity Centre.

I am a Form 3 student from FRGKL Secondary School. I am interested in this job as I want to gain work experience over the summer holidays. I am able to speak English and Putonghua fluently. Also, I like children and know how to take care of them since I have a younger brother. I like to play with him and teach him homework and vocabulary items. Also, I am a member for my school's Charity Club and I have the experience in organizing activities, such as organizing a jumble sale and organizing running activities. They were great experience. I believe I can help with organizing field trips, camping and fun fairs in this post.

I love organizing events because with every event I get to create experiences that people will remember. It is a chance to steal a little piece of someone's heart. I love everything about events, especially the planning. I like to include special things to surprise and delight people. Besides I'm a highly organized person, which makes me a good fit for the post.

I am able to work during the week and on weekends and available from the end of July to the end of August. Thank you for considering my application. I will be available to attend an interview at your convenience. If you need any further information, please contact me on 51183495.

I look forward to receiving your reply.

Yours sincerely,  
Alex Chan

## ***Apply For A Summer Job***

***Lau Cheuk Ling Fiona (3A)***

---

Dear Ms. Smith,

I am writing to apply for the post of a counselor this summer. I saw the job advertisement for the summer job on SCMP.

First of all, I am a F3 student from FRGKL Secondary School now. Although I am still young, I have learnt different skills about how to be a patient counsellor to organize and plan some games to primary students from school. Also my school teachers have already taught me some useful ways to teach the primary students, such as what we can do when children do not focus on their work.

In addition to my experience, I am a peer counsellor who is responsible for coaching the junior students who have some troubles about their school problems and pressure. I need to meet and chat with them once a week regularly so I believe I am a good and responsible counsellor.

About my personality, I am an extroverted and enthusiastic person with a positive working attitude and enjoy new challenges. I am willing to share my happiness to the primary students and can let them obtain the new knowledge from the games. Besides, I am industrious and if I have the chance to work with you, I will plan fun activities for them to play and I will be committed to my job. With these qualities, I believe that I am well-suited for this job.

Thank you for considering my application. I will attend an interview at your convenience and look forward to receiving your reply.

Yours sincerely,  
Alex Chan

# ***Pros and Cons of Using IT In Education***

***Tsui Chun Kat (3A)***

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In this essay, I would like to share with you my views on the pros and cons of IT in education.

One benefit of using IT in education is that it can reduce the use of paper. It is because electronic books do not require any paper. However, traditional books use a lot of paper to be made. For example, we need several hundred or more sheets of paper to make a textbook. If we use IT in education, we simply need an electronic device to open an e-book without using paper. Therefore, using IT can reduce the use of paper in education.

Another advantage of using IT in education is that it can add sound, animations and hyperlinks into the e-books. These all can increase interactivity that can make students concentrate more. It is because humans are visually driven creatures. The impact of sound only increases with the help of animation. Our eyes innately pay attention to moving objects. Therefore, sound and animations can make students concentrate more. For example, when given a choice of reading a traditional book or an e-book, the students will choose to read an e-book. Thus, using IT in education can increase interactivity.

Although the points above show that there are good points of using IT in education, all coins have two sides and there are also several downsides to consider.

First, compared with traditional books, we cannot get the same pleasure from reading e-books because e-books make our eyes tired and dry easily if we spend too much time reading them. Second, concerning the copyright, there are many books that are not available in the digital form, especially classics. In other words, the resource of e-books can be quite limited and cannot satisfy the students.

Moreover, it will cause a number of illnesses. For example, our eyesight will be weakened because the screen of the e-book device releases blue light and according to research by scientists, the blue light rays hurt our eyes. We might get cataract earlier as we age.

Both electronic textbooks and traditional textbooks have their own advantages and disadvantages. They cannot completely replace each other. To increase learning efficiency and reduce learning costs, we must be good at using the advantages of both. On balance, the pros of using IT in education outweigh the cons.

## ***A Letter To Edith***

***Yip Po Chu Christine (3A)***

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Dear Edith,

What's wrong with you? Darling, I am worried about you. Don't be stupid. Sleeping pills are dangerous. Let me tell you some methods on how you can sleep better. I think I can give you some suggestions. You can try traditional ways like drinking a warm glass of milk, counting sheep and listening to the music. If you think these are not useful, let me tell you my secret method.

I watched a video clip from Youtube. Have you tried sticking one of your feet outside your blankets? It's the weirdest life hack but it can help you fall asleep. It's all about body temperature. Researchers have found a link between high body temperature and alertness including improved memory attention and reaction time. You may think 'Oh my god, this is so complicated!' But I tried this method before. It's very useful.

Don't worry too much about being troubled by insomnia. In fact, I have it sometimes too. We have much pressure every day. This pressure may come from studies and family. Thus, it's normal that we sometimes don't get enough sleep too. So, don't worry! Just don't put too much pressure on yourself.

To conclude, I don't know how much pressure you have concerning your study. However, you must remember I have always been with you. You're my bestie and I love you. You must think more positively. Forget all the unhappy moments and leave all the annoying things behind. All roads lead to Rome. I hope you can find your own secret way to solve the problem. I look forward to seeing you!

XXXXOO,

Chris

# ***A Letter of Application***

***Yiu Hon Kuen (3A)***

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Dear Mr Smith,

Re: Application for Summer Holiday Programme Assistant

I have come across your advertisement regarding the captioned post on Summerjobs.com on 20<sup>th</sup> March 2014 and I wish to apply for it.

I am a Secondary 4 student from Hong Kong FRGKL Secondary School. Recently, I have worked in a children service centre for two months. I have learnt to develop activities and be affable. As a result, I believe that I can handle the job duties.

I am interested in this job because I like children very much. I am sociable and humorous. I am outstanding in English, fine in Putonghua.

During my work experience, I know how to organize games and activities. About the assisting students with their holiday homework, I will try my best to assist them. I can also plan some outings, such as summer camp and going on trips. Moreover, I can help open or close the centre. Therefore, I believe that I am suitable for the Summer Holiday Programme Assistant.

I am free during the week and weekends, from the end of July to the end of August.

Thank you for considering my application. I am available to attend an interview at your convenience. I think my organizational skills will be able to make me an ideal candidate for the programme assistant, position at Summer Holiday Activity Centre, and I am looking forward to discussing my qualifications in the interview. If you need more information, please contact me on 6437 6093.

I look forward to hearing from you.

Yours sincerely,  
Alex Chan



# ***My Summer Job Experience***

***Choi Pui Ying (3B)***

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Good morning, teachers and fellow schoolmates.

I am Chris Wong from 3B. Today I would like to share with you my summer job experience. All adults say working is harder than studying. But is it true? Having worked as a costumed character performer in Disneyland last summer, I am going to tell you the sweetness and bitterness of my summer work experience!

I was assigned to be Minnie Mouse in Disneyland. I worked with another person who was Mickey Mouse. I needed to wear a mascot suit and walk around Disneyland. I needed to “wave” Hello and have photoshoots with the visitors. I worked at nine in the morning until five in the afternoon. As the weather was unbearably hot, I could have a 15-minute break per hour. One thing that I enjoyed immensely was the street parade. It was great fun to see the kids laughing and dancing in such lively atmosphere.

There were many good things making my summer job a rewarding experience. To begin with, my colleagues were very nice and supportive. They understood how stuffy and hot it was in my costume, so they often offered me timely assistance when needed. It made the work less tiring for me. Second, I have gained precious workplace communication skills. When I was doing my job, I could see or meet lots of different people like the customers and colleagues. I could learn how to talk to others and express myself politely and appropriately. Furthermore, I could learn problem-solving skills. One day while I was working, the “Mickey Mouse” got in a mild heat stroke because of the lack of water. We immediately helped him to get to a comfortable place to take a rest. I now know that we should be aware of different safety issues when working and stay calm but not panic during emergencies.

If I have to say one really negative thing about the job, it would be the melting hot weather and thick costume. I needed to work under the hot sun and it felt like 40 degree Celsius! I need to keep drinking water and rest or I might get a heat stroke. What made it more exhausting to work was the fact that my home is in Sheung Shui and Disneyland is on Lantau Island, meaning that I needed to travel a long way after a whole day of sweating work. It also means that I needed to wake up very early! You can imagine how sad I was!

So, you may wonder if I would suggest students to take summer jobs after my own experience. My answer is YES. First, it is good to save some money and learn about the real workplace. When you have more money and job experience, you will know how to manage and treasure your money better. Second, it is useful for your future as you can learn lots of valuable skills when handling problems!

This is the end of my sharing. Thank you for listening!

## ***Join Our Charity Work!***

***Fong Hiu Laam (3B)***

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### Join us and help street sleepers this Christmas!

Have you ever seen street sleepers? What do you think about them? Maybe you think they are disgusting because they haven't bathed for a long time and you may hate them because they always block the streets. In fact, they are homeless, hungry and when it is winter, they don't have enough clothes to wear. They really need our help. Therefore, we should offer them our help and make this Christmas warm and meaningful.

During this Christmas, we are going to organize an event. The name of this event is 'X'mas Show Our Love Party'. As the name suggests, we will raise funds and help street sleepers on Christmas day. The purpose of our event is to help people who are homeless and live on street. When the winter comes, they get catch a cold so easily so we should give them warmth and care. The participants of the whole event are our school students and the venues we will go are the parks, streets and footbridges as street sleepers often stay in those places. The date of this event is 25<sup>th</sup> December.

That morning, we will have a normal Christmas assembly and dress up for our lunch party. All the ticket sales for the party and other donations will be used to help the street sleepers. After taking a break, we will get on the bus and go to different streets, parks to find street sleepers and give them down jackets and warm food. Now, you may wonder: where do the jackets and food come from? The jackets and food are from us! The funds that we receive are used to buy the things for street sleepers. After distributing them, we will hold a Christmas party and have a night of chatting and singing with the street sleepers!

Now, do you know what benefits this event can bring us? In the event, we can understand the importance of helping people in need and know that we can actually help anyone in our society and be fair to them. It can raise our awareness of the plights of the underprivileged. For the street sleepers, they can surely gain warmth and enjoy a lovely Christmas with us. We hope that through this activity, we can build a harmonious community in which everyone can feel loved.

God always tells us to share love with others in this world. Why don't we start now? Share love with street sleepers and everybody nearby! Come and join us! Have a meaningful and fun-filled Christmas with us!

# ***An Application Letter***

***Ho Yan Yat (3B)***

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Dear Sir/ Madam,

Re: Application for part-time waitress internship programme

I am writing to apply for the internship programme advertised in the FLSS career newspaper on 23<sup>rd</sup> March, 2016.

My name is Sabine Ho. I have just finished secondary six at Happy Garden School. I am interested in cooking and serving people as I believe a nice waiter or waitress can give people good memory. What is more, people will be pleased and have an unforgettable experience in the café. And thus, I wish I can be a part-time waitress in your café. Also, I am a motivated person who can multi-task well. With my positive mind, I am sure I am the suitable person for this internship programme.

I found that I am a suitable person for the job since I have some experiences and joined some activities related to the part-time waitress job. For example, I have joined the Debate Team at school. I have learnt many useful skills from it such as communication skills and co-operating with others. I have learnt that good communication can make the team better. In addition, good attitude and manners are of paramount importance if we would like to maintain harmonious relationships with other people. Furthermore, I have joined the Home Economics Club at school. I have learnt some basic cooking skills and kitchen safety from the activities. Therefore, I can learn the barista skills more efficiently.

To further develop my skills, I have been a part-time tourist guide, in which I have learnt lots of essential skills. Now, I am not afraid of meeting or talking with new people. Instead, I am used to serving others calmly with a pleasant smile. In addition, I have been a scout and I have learnt first-aid knowledge and social skills from it. I can handle many unexpected things well. For my special skills and interests, I like using computer so I can make good use of the computer at the shop. I can speak fluent Japanese, Chinese, Korean, English and Cantonese because of my strong interest in language learning. I am sure I can serve people from different countries and understand their needs well.

Thank you for considering my application. I would be grateful if you could grant me an interview. I look forward to hearing from you.

Yours faithfully,  
Sabine Ho

# ***Unique Hong Kong – Explore Our Vibrant Culture!***

***Hu Xinger Apricot (3B)***

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As most people know, Hong Kong is an important international financial, service and shipping center in the world. It has been the world's freest economy for many years. Yet, rarely do visitors know Hong Kong is more than doing business and shopping. In fact, Hong Kong has its unique culture which makes it an attractive place for tourists who crave for something cultural. This article will bring you to the amazing cultural aspects of this world-class city.

To start with, Cantonese, which is our local language, is indeed an interesting culture here in Hong Kong. Cantonese is well-known for its colourful slangs, and with the city's history of being a British colony, many locals speak Cantonese with a mixture of English expressions. For example, the Cantonese word 'sup pok' (十卜), which means support literally, is created based on an English word 'support'. The meaning is the same as the English word and the pronunciation is very similar. Another way to appreciate this language of a long history is to watch a traditional Cantonese Opera, which is very rich in local colours. Cantonese Opera is a performance for entertainment. If you want to find out more about it, why not go to the Hong Kong Heritage Museum in Shatin? There is a playhouse inside where you can experience a variety of Cantonese Operas there!

If you like colourful things, Hong Kong is a must-go destination for you. Hong Kong is famous for its beautiful night views created by glittering neon lights. The neon lights are not only a promotion of business, but also a powerful symbol for Hong Kong's economic and tourism development. In fact, many of these lights are artistic creations which showcase a very special culture in Hong Kong. In the evening, the neon signs outline the streets and communities of Hong Kong. The Nathan Road is one of the renowned streets which have many commercial and residential buildings exhibiting these shimmering signs.

Apart from our language and night views, Hong Kong is also a festive city where you will find many exotic festivals to celebrate. The Bun Festival in Cheung Chau is the most famous folk customs in Hong Kong. Every year, people build a "Bun Hill" which is about 13 meters high. It was originally built only with bamboo sheds and each pack has 18000 buns at the beginning of this festival. The hills themselves were indeed a demonstration of the city's wonderful local handicraft. However, since 2005, the government has set a regulation that the bun hills must be built with iron sheds to keep participants safe. Every year, the Bun Festival attracts more than 10000 participants and spectators, including tourists from different countries.

Hong Kong is a cosmopolitan city which integrates the modern and the past and fuses the East and the West. Come and immerse in our unique culture!

# ***Removing PE Lessons***

***Leung Shing Ming (3B)***

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Is it wise to have PE lessons in secondary schools? Undoubtedly, PE lessons bring a lot of benefits to students but many students think it is unnecessary to have PE lessons and thus they should be removed from the formal school curriculum. However, I totally disagree with those students. The reason is simple: PE lessons are crucial to students, especially for those who cannot live without their smartphone.

First of all, having PE lessons can develop students' self-discipline. To be a good sport team player, students have to be self-disciplined but not ignoring others. Besides, PE lessons can also develop students' discipline because all sports have their rules so players can learn to respect the rules as well as other game players. Otherwise, no one will like to play with you. As a result, students' behavior can be improved. Where can students obtain all these skills? It is PE lessons that provide all students a chance to gain self-discipline.

Secondly, PE activities can promote team spirit and help students to improve their communication skills. When you are team sports, you should keep your pace with each other by paying attention to every motion of your rather than keep yourself outstanding without co-operation and mutual understanding. This helps students develop their team spirit. Besides, as playing games involve more than one player, students should improve their communication skills to work with others to win the game. With PE lessons, students are offered opportunities to experience team work and better their communication skills.

Thirdly, having PE lessons can also foster the sense of achievement and develop oneself to solve problems. We all know that PE lessons are actually a platform for many sports elites to demonstrate their talents, and these students may be selected to join the school sports teams. They may gain a sense of achievement for discovering and developing their talents. Also, a good game player should try his/her best to overcome hurdles. That means if you want to achieve your goal, you will need to keep yourself strong. This enables students to have brain training when searching the solutions to win the games. The result is that students will be able to think positively and to overcome challenges. A sense of achievement and problem-solving ability are two life-long benefits that PE lessons can give students.

To conclude, if I were the parents of students, I would definitely want my children to have PE lessons. I believe that it can help students to maintain a healthy life and help them to learn about many precious life skills.

## ***A Letter to Heartbroken Tracy***

***Li Ho Yan (3B)***

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Dear Tracy,

I'm really sorry to hear about your situation. But don't worry too much! You are definitely not helpless and hopeless! I would give you some advice to solve your disturbing problems.

First, you absolutely shouldn't take drugs with your boyfriend. Drugs are harmful to your health. Once you step into the trap, you have less chance to get out but slowly get addicted to it. That must ruin your entire life, so please think about it carefully!

Please forgive me for being honest: your boyfriend is actually doing no good to you! However, if you really want to keep this relationship and help him get out of the horrible trap of drugs, try telling him your feelings and explaining how dangerous drugs are. To be frank, it is not very wise of you to start a relationship at such a young age. You'd better completely focus on your studies first. If you ponder over this more carefully, you'll find that your family is always the best shield. They support and protect you all the time, so you should tell them honestly about your boyfriend and your feelings. Be brave! Every cloud has a silver lining!

Now, let's get back to your final "boss"-the big bully Wallace. If I were you, I would report him to teachers. Seriously, don't be a silent victim. You should report everything he has done to you and he should get punished. Besides, you shouldn't worry too much about your weight as everyone is unique! You can ignore Wallace if he calls you names again. If he finds teasing you boring, he may give it up.

Tracy, I can only give you plenty of advice. Hope you can get rid of these problems. If you have other problems, you can feel free to send me a letter again!

Yours,

Dr. Green

# ***A Letter of Complaint***

***Yeung Hei Lam (3B)***

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The Principal  
Lovely Children Kindergarten

Dear Sir/ Madam,  
Re: The services that Lovely Children Kindergarten offers

I am writing a complaint letter to Lovely Kindergarten. Recently, my younger sister told me what happened when she was studying in your kindergarten. I was very astonished to learn about the unacceptable situations in your school.

First of all, the toilets there are filthy. When my sister went to the washroom, she found that all the toilets were clogged. She tried to flush away the dirty water but the flush was not working. There was water dripping everywhere. It is not hard to imagine how smelly it was. That attracted many flies flying around the toilet bowls, which is highly unhygienic. Some students thus refuse to go to the toilet and it is definitely harmful to their health and growth.

My second complaint concerns the poor school facilities. All the children were sweating badly as the air-conditioners are broken and cannot be used. As a result, the students feel too hot and thus are unable to concentrate in class. They can hardly listen to the teachers patiently. Also, the sweat can make the classroom smelly and it is absolutely uncomfortable. If the situation continues, students will be exhausted under very high room temperature.

The last complaint is of the most serious nature- some students were physically punished by a teacher. All the students in the classroom were scared as the beaten child was crying. The students will get a negative image about teachers and school, and this will surely give them life-long impacts.

I expect you to improve the environment and teachers' quality. If your school does not fix the problems abovementioned squarely, I would have no choice but report the case to the Education Bureau.

Thank you for your attention.

Yours faithfully,  
Angel Law

## ***If I were two meters tall***

***Chan Tsun Lok Jake (3E)***

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There are great differences in the aesthetic standards of modern people. Yet, there seems to be a consensus that being tall means looking good. I'm not short, but I want to be taller. So I always imagine growing to be two meters tall.

One day, when I woke up in the morning, I felt my clothes choking me out. They were so small that they were like clothes for babies. When I walked through the door of my room, my forehead banged on the top of the doorframe. I was in deep pain. I rubbed my eyes and noticed that I was still by the doorframe and not walking through the hallway. I was confused and I asked myself, "Did I eat the magic biscuits from Alice in the Wonderland so I have grown so much taller? Or did my apartment eat some magic biscuits so it has shrunk so much in size? After washing, I came to the table and my parents were startled. My father jokingly said, "Get off the stilts. If you want to play with them, you should go outside." My mother sighed and said, "I'm going to buy you new clothes and shoes again."

After having breakfast, I went to school in an ill-fitting uniform. People looked at me differently. I was embarrassed. When I got back to my classroom, my classmates surrounded me and asked me what I had eaten. I didn't know how to answer them and I felt a little irritated. Yet, in fact, I was happy because I was the focus of the school. After lessons, a lot of schoolmates whom I didn't know came and talked to me. Someone even asked whether he could sit on my shoulder. The captain of the basketball team invited me to join the basketball team because I could throw the basketball into the basket easily with my height. Teachers asked me for help. I became the whole school topic.

Nevertheless, just as I was smug, I remembered one thing – I was afraid of heights! All of a sudden, my fantasies stopped.



# Masterpieces

## Secondary 4

# ***Stop Bullying At School***

***Wu Chit Tsut Billy (4A)***

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Recently, there has been a lot of news about student suicide or suicide attempts. Apparently, this comes down to bullying becoming rampant and blatant at school. This is not acceptable as everyone should be respected and treated equally. This begs the question: why does bullying happen so often in school and what can we do to stop it? It is high time we probed into the underlying causes and how we can stop it.

It is easy to understand why students would bully others. As parents often bury themselves into work and neglect them. Even though their parents are working for the family, they don't understand it because they're too young and have no concept about working. This leads to the students having the feeling of being left out and so they bully others to gain attention. To stop bullying from going out of control, parents should not bury themselves too deep into work and make more time for family activities to let their children feel the love they deserve. If they understand how much their parents love them, they would not bully others as they know how it's like to be isolated and feel bad for the bullied. Another thing parents can do is to instill proper values into children's minds. It allows their children to think from the victim's perspective and how it's like to feel menaced all the time. This would make them more mature and stop resorting to bullying to get attention.

Schools should also take the initiative to fight against bullying by holding talks. Schools play a pivotal role because it is where kids learn about knowledge and concepts. If schools don't take part in this, kids might think that bullying is not a big deal. Schools can invite some people who had experienced bullying and how they came over it to host talks. This would enhance students' awareness and know how bad bullying is so that everyone should not be doing it. This may still allow bullying to happen but it can definitely ease the problems if they're taught not to do it. If a small amount of bullying still happens, other students may stand up for the victims out of their conscience. This encourages students to stand up and fight against bullying to prevent it from spreading.

While bullying is so common the Government should address this through legislation. Bullying is not only a problem at school, it is also common in society too. It is important to stop it before it starts. The Government is responsible for citizen's mental health and well-being. If the Government doesn't legislate against bullying, it would badly affect or even ruin one's life. Students will be punished if they violate the law even if they don't have to hear the legal liability. It is still a sufficient deterrent towards bullying. It is reassured that legislation can stop bullying as countries like Canada are putting bullies behind bars too.

After probing into this matter, you may realize that bullying can be stopped starting from parents, schools and the Government. We can cultivate a loving atmosphere if we work together, so why not make an effort to stop this phenomenon.

## ***Letter of Advice (Insomnia)***

***Cheung Ping Chi Jefferson (4A)***

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Dear Carol,

I've noticed that you've been having trouble concentrating during class and I've seen you fall asleep a multitude of times. Have you not been sleeping well lately? Those dark circles of yours seem to have grown heavier, and that might be a sign of insomnia. Having insomnia is no laughing matter and must be treated immediately as it can be extremely tormenting and greatly affect your studies. As a person who's suffered from insomnia, I know some ways to stop this dreadful sleep disorder and would like to share them with you, so here they are.

First of all, you have to figure out the cause of your insomnia. There are two main factors that might be contributing to insomnia, environmental factors and mental factors. I'm gonna talk about the environmental factors first, since they're easier to understand. It's important to keep your room as comfortable and suitable to sleep in as possible. For example, always try to keep your room as dark as it can get. You should also keep your room in optimum temperature and use a comfy pillow and mattress. Using aroma therapy can also aid your sleep and remember to keep your room clean as dust might get trapped on your bedsheets and make it rough. Though these might seem like common sense, most people suffering from insomnia neglect these factors and end up having an even harder time sleeping, so do remember to take my advice.

Next up we have the mental factors. Stress is one of the main causes of insomnia, and academic pressure is probably what's causing you to have it. Have you been having troubles with your studies recently? Are you unsure about your future? If so, you need to relax, take deep breaths and think positively before you sleep. Always try to rethink the pleasant things that have happened to you and around you in the past couple of days and don't let stress affect your life. All the things mentioned above can effectively calm your nerves as well as reduce stress, furthermore enabling you to sleep soundly. Plus, since insomnia might be caused due to stress, you could speak with your parents or teachers about the situation as they might be able to give you some handy advice.

Apart from the advice I've given you, here are some additional suggestions that I found useful when I don't get good sleep. Counting sheep might seem like a good way to sleep soundly, but it actually isn't. In order to fall asleep, one's brain must rest and stop working, but since counting sheep keeps your brain running, sleeping would be like finding a needle in a haystack (A.K.A impossible), so it would be completely futile to use this method. Listening to music was one of the main reasons why I could cure my sleeping disorder in a short period of time, soothing music like Beethoven's classics can calm your nerves and make it easier for you to fall asleep, but don't listen to rock n roll or death metal as those would just stimulate your brain, rendering it impossible for you to sleep. Drinking decaffeinated coffee or warm milk can also do the trick since they warm your body up.

I hope my advice will help you get rid of those dark circles, but if it doesn't, I advise you consult a doctor or a psychologist. Also, remember not to be dependent on sleeping pills, those will only temporarily aid your sleep, if you end up getting addicted to them it will seriously tarnish your health, so beware. Do let me know if my advice works and I hope to see your energized look during class soon!

Cheers,  
Chris

# ***A Letter to My Mum***

***Ho Pui Yee Miffy (4A)***

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Dear Mum,

How are you? Have you taken enough rest after your housework? Have you recuperated after getting hurt from overworking? There are lots of things that I want to tell you, but you are always busy with your work and housework. Let me tell you in this letter.

First and foremost, I want to express my gratitude to you. You always take care of me. You prepare breakfast for me every day. You have to wake up early and prepare food for me and Dad. I'm sure you feel exhausted. You also encourage me when I am sad or feel disappointed, like when I got a bad result in my exam or got defeated in a competition, to name but a few. You always encourage me patiently and lighten my pressure. Although I sometimes quarrel with you, you still always forgive me. You always help me and encourage me unconditionally. I really want to express my thanks to you. Thank you for all your efforts!

Second, I want to apologize to you as I always disappoint you. I am very lazy. I always get a bad result that disappoints you. I feel sorry that I quarrel with you. I feel sorry for my poor attitude and behavior. Last week, you broke my glass bottle accidentally while you were cleaning it for me. At that time, I didn't appreciate your hard work, and I spoke to you with a terrible manner. What's even worse was that I slammed my door loudly. At that moment, I was really mad. But now, I feel terribly regretful and am sorry for that. In fact, I want to apologize to you for a long time, but I feel too embarrassed to do so. I am so sorry for my impulsive behavior and disrespectful manner. Mum, thanks for your pardon.

Finally, I hope you can take a rest. After work, you cook for us and do all of the household chores. I am sure you feel very tired. Thanks for all the things you have done for us. From now on, I will share your workload. Please take more rest! I love you, Mum!

Miffy

# ***A Letter to My Parents***

***Lau Hoi Ching (4C)***

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Dear my beloved parents,

It has been a long time since I wrote to both of you last time. I'm kind of nervous now. Love you both always!

Mommy and Daddy, there are not enough words in the world to describe how thankful I am for both of you, as my gratitude to you is far beyond description. Both of you have helped turn me into a teenage girl I am today. Thank you for giving birth to me. (Hope that I'm not a mistake, haha!) I'm so glad and so proud that I can become your daughter. I have truly realized how lucky I'm to have both of you in my beautiful life. Love you both deeply from the bottom of my heart!

When I was 3 years old, you two got divorced. When I was growing up, I started to realize that love can't be forced by anyone. I know that this relationship should stop. Everyone deserves a chance to find their only true love again. You two as my parents, I really hope you can both find your true love, one and the only one. I can't be selfish to stop you two. But you know what? There is one thing I can be very sure. I know you two love me very much. Both of you can do anything for me. I feel very blessed. Thank you for everything. There are a million things I could spend time thanking you for.

Thank you for always trying to create precious and special memories with me that I'll remember for the rest of my life. Thank you for your unconditional support to me. Thank you for the love and being two of my best friends in my lifetime. I know that both of you will always be there with me. I'm proud that I can say that!

XOXO

Aiko Lau

## ***A Letter of Advice to A Desperate F.4 Student***

***Cho Tsz Long (4D)***

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Dear Desperate F.4 Student,

I am really glad to have received your letter. I am doing well these days. How about you? I learn that you face some family and financial difficulties. I totally understand your situation and I feel sympathetic to you. However, you should stay positive. As the proverb goes, every cloud has a silver lining. It is a chance for you to grow up and learn how to deal with your own problems.

First and foremost, you must understand you are now 15 years old. You can make your own decisions. You think your flat is too small and you don't have enough privacy. Well, why not adding a lock to the door of your room? You ought to add a lock to the door so that it can lock everyone out. You can simply talk with your friends on phone more softly and nobody will hear (since they're so noisy). Then, you do not need to worry that everyone at home can hear what you're saying.

Next, I heard that you cannot study at home because the television is on all the time. You can't start your homework until after midnight. I think you can talk to your parents and ask them to turn off the TV. If they refuse, you can also go to the study room at public libraries. It is pretty quiet.

I feel sorry to hear you don't have enough money to go out and relax with your friends. I think you should save money in your daily lunch. Try to save money every weekend. Anyway, if you just want to have fun with your friends, you don't really have to spend that much money. You can ride a bike, walk around, or just hang around with your friends in a park. It might sound a little boring, but a park is normally very silent, so you can talk with your friends there without anyone disturbing you. All the aforementioned methods can help you relax with your friends. It can help you immerse into school life together. Remember, don't think of dropping out of school altogether.

I understand that you want to earn more money so you are working a full-time job after school. For one thing, it is a good way for you to earn pocket money; for the other thing, it provides you with an opportunity to put concepts learnt into practice. However, you work till late every night and that's why you are almost late for school in the morning very often. With inadequate sleep, you cannot study well and you would fail in exams and quizzes. To make things worse, it will deprive you of time for studies and your time with parents. At any rate, full-time jobs are not good to you at this moment.

Last, I am worried that you said school days are not happy. In every adult's eyes, school days are the best days in their life. You can talk and play with your friends. These are the happiest days in our life. You should remember that school days are very important. If you do not make good use of your time in your school life, you will regret. I suggest you should try to enjoy your school life, like making more new friends and joining

any clubs you like, so that you can make your school life colourful.

I hope you can take my advice into consideration. Please let me know if you have any problems. It takes time to get rid of them, but just bear in mind that no matter what, I am always by your side. Hope to hear your good news soon! Take care!

Yours truly,

Daddy Long Leg



***An Argumentative Essay –  
Is it better for S.6 graduates to further their studies  
or look for a job?***

***Lo Wai Ho Peter (4D)***

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I believe most of the students have the same question about whether they should apply for a job or continue to study after they graduate from high school. What is your answer? For me, I think the latter is better.

Higher educational qualification is the “passport” for you to go to the upper class. If you have a competitive “passport”, you can possibly enjoy a “free visa” when you are looking for a decent job. So you can have a better quality of life. However, when you get a job after Form Six, you cannot find a high-paid or professional job. You may ask for the reasons. If you were the employer, would you hire a Form Six graduate or a university graduate? The latter, of course.

Nowadays, what hits the headline is “devaluation of degree”, which is also called “academic inflation”. You can’t find a stable job even if you graduate from university. Even fresh university graduates will be knocked out by someone who has better knowledge, higher educational qualification and rich experience. You can imagine how unlikely it can be to find a great job if you leave school in Form Six.

Some opponents claim that experience is more important than education. Yet, how can you get the experience? From jobs. How can you get the job? By educational qualifications. If you try to get the job when you graduate from high school, you can only work in McDonald’s, 7-11, etc. The experience you get from there cannot be used in a decent job. Only knowledge can attract the employers to value you.

I agree that experience is important for people who are finding a job. However, all the experience and opportunities begin with your knowledge and your educational qualifications. When you get equipped by using both, you won’t be distressed of finding jobs. So it is inadvisable for teenagers to find a job when they leave school after Form Six.

# ***A Letter from An Abandoned Dog***

***To Yee Ki Kitty (4E)***

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Dear Master,

I am heartbroken that you have abandoned me to an animal shelter. I understand that you have a new career opportunity in another city, and you and your family have to settle there, and I understand that because of your financial constraint, you can only rent an apartment that does not allow pets. I totally understand why you've abandoned me, but still, I feel heartbroken.

In fact, the caretakers of the animal shelter here are attentive to me. They feed me well. However, I have lost my appetite since the day you left me. At first, whenever there's anyone walking past my cage, I would rush to the front, hoping that it would be you, and that you have changed your mind, but this was just an empty hope. When I saw that other happy puppies were able to draw a lot more attention than me, I started to realize that I could not compete with them, and so I retreated to a far corner and waited silently.

A few months passed. Today, one of the caretakers came to me at the end of the day. She hugged me and explained patiently to me that it was her job to make sure I could go to a better place where I wouldn't be ignored or abused. She then slid a hypodermic needle into my rein. With my last bit of energy, I tried to convey to her with a thump of my tail.

Memories came vividly back to me. When I was a puppy, you said I was your child. When I was bad, you would relent and roll me over for a belly rub. There was once the time when you treated me like one of your most beloved family members. I miss the feeling of love, and I keep thumping my tail hard to tell the caretaker that I still miss you so much.

My beloved master, I am thinking of you. I will think of you and wait for you forever. I hope everyone in your life will show you as much loyalty as I did.

Best wishes,  
Rocky

# ***Stop Arranging Too Many After-school Classes for Children!***

***Wong Cheuk Yiu Sophie (4E)***

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Nowadays, it is a general phenomenon that parents tend to arrange many after-school classes and activities for their children. We can see our classmates near us are rushing for tutorial classes or other activities after school every day. It seems that if the ones are not like them, s/he will be incompatible with those industrious students. Because of the fear for lagging behind, many parents feel anxious about their children's education. As a result, they arrange countless activities for them, hoping to sharpen their competitive edge. However, parents are prone to ignore their children's feelings. In the following, the causes and effects of this issue will be looked into.

The first and foremost reason for parents to arrange a variety of after-school tutorial classes for children is that many parents are better off now. Thus, they can afford the tuition fees. Back then, in parents' generation, Hong Kong was not that prosperous. Many of them couldn't join other activities or tutorial classes. However, Hong Kong is now more economically prosperous than the past; hence they want to give their children more opportunities to enjoy those things they couldn't experience.

In addition, schools are examination-oriented and many of them admit students according to their "curriculum vitae". Very often, all achievements are measured in quantifiable units; for instance, the awards you have had, the competitions you have won, the activities you have taken part in, and the list goes on. It will all be recorded in your result slip. Hoping to enter prestigious schools, many parents are pushed into a deep abyss. To enrich children's portfolio and sharpen their competitive edge, they tend to arrange countless after-school activities and lots of classes for their children, such as piano class, swimming class or tutorial classes, to name but a few. They see it as a way to enrich children's curriculum vitae and make it more decent.

In fact, joining activities can let children become all-rounded in the society as they can become more sociable. They can also build up their interpersonal skills and problem-solving skills. Yet, if they are not motivated but only join them out of parents' wish, many worrying problems will arise.

The most serious problem is that children would be stressed out and it may even lead to depression. Due to these activities, they do not have enough freedom to do what they want. Some children are actually not as strong as we think. They are too fragile to afford too much work. In some extreme cases, children may have suicidal thoughts and consider committing suicide.

Moreover, it can aggravate the relationship between children and parents. When parents arrange these activities to children, they always ignore their feeling. Without mutual understanding and effective communication, children may think parents do not care about them anymore, so it will worsen their

relationship. They may argue or even have domestic violence sooner or later.

In view of the aforementioned problems, more communication between family members is needed. To fix the problem, communication is indispensable as parents can know more about children's interest and choose the activities that they really want, instead of choosing the activities out of parents' wish. Also, parents should help children strike a balance between studies and interest.

Last but not least, schools and government should take part in solving the problem. For example, schools can hold some talks and seminars on parenting, or government can have clearer guide on how performance is assessed in S.1 admission. I believe that it can reduce the burden on parents, so they will not force their children to enroll in too many activities but spend more time on understanding their children.

To sum up, learning is important, but compared with that, parents should pay more attention and take children's feeling into consideration. Planning excessive amount of activities for children must be counterproductive. In fact, parents should understand their children's progress of learning and interest so as to build up a good relationship with them step by step. This is much better than forcing them to join a lot of activities.

# Masterpieces

## Secondary 5

# ***Too Much Homework for Primary School Students***

***Lopes Jennifer Antonia (5A)***

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Dear Editor,

I am writing to express my concern over the phenomenon that primary school students nowadays are given too much homework. In this day and age, in attempt to sharpen students' competitive edge, teachers will assign lots of homework for students for training, such as penmanship, Chinese calligraphy and grammar practice. Indeed, homework plays a crucial role in learning as it consolidates students' knowledge. However, in my opinion, giving too much homework in fact can lead to plenty of repercussions. For instance, it will damage students' health, stifle their learning passion and drag down their academic performance. Hence, we should not underestimate the consequences of giving excessive amount of homework to primary students.

The first problem of giving too much homework is that it will pose harm to students' health. Physically, since primary students are less adept at time management, it is hard for them to deal with the numerous amount of homework in a standard period of time. These primary students may need four to five hours a day to complete all their homework. They need to start doing their homework afterschool every day, therefore, because of the immense workload, they are deprived of the time of taking a break. In some extreme cases, they may even need to sacrifice their sleep time for doing the homework. In the long run, when these students always lack the time for rest, their immune system will become weaker than before and it is likely for them to fall ill, for example, they fall into coma. Thus, for the sake of students' health, it is recommended for teachers to assign manageable amount of homework.

Besides the health problem, lots of homework also stifles students' learning. As primary students, they should take their primary school life to explore the world and unearth their own interest through learning. However, due to the large amount of homework, it hinders these primary students from utilizing their time for developing and unleashing their own potential. In their everyday life they solely put all the emphasis on finishing their homework. They are just fulfilling the targets given by teachers. In fact, they do not understand what the point of learning is. These primary students will develop a twisted value that learning is equal to homework, thus, they will feel wiped out and reluctant to learn whenever they go to school. In fact, there is no rush for them to learn and find out their own passion to some subjects as the pressure is certainly not beneficial to their future learning journey in the secondary school. Therefore, teachers should think twice whenever they give homework to their primary students.

It is argued that students' academic process is reflected on their homework, so teachers can adjust the way that they teach. Indeed, students' performance is shown through their homework by their marks. However, whether these achievements are literally made by them is questionable. Because, nowadays, in order to help their children handle the tremendous amount of homework, parents assist their children sign up for the tutorial classes. During these classes, whenever the students cannot solve their homework problems, the

tutors will give a hand to them. In some tutorial centers, the teachers may even give the correct answers to the pupils directly without any teaching. Therefore, these primary school students in fact only cope with the amount of their homework but their performances cannot be boosted efficiently .Worse still, the students will rely on their tutors who never motivate them to learn. As a result, this phenomenon has reflected that quality is more pivotal than quantity and school authority should put more emphasis on the quality of homework instead of the amount. Too much homework does not guarantee that students' academic performance can be enhanced. Therefore, given the importance of students' quality, it is indispensable for teachers not to assign lots of homework to them.

In conclusion, for the sake of these primary students' health, quality and their prospect, teachers should give homework carefully and sensibly.

Yours faithfully,  
Chris Wong

# ***A Report On Hong Kong's NEETs***

***Lau Ka Lee Kimberley (5A)***

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## **1. Introduction**

Nowadays, many young people have become NEETs. The term “NEET” refers the young people who are not in education, employment or training in their daily life. Therefore, they will always spend their time at home playing video games or surfing the Internet only. Plus, the NEETs are losing motivation and self-confidence to work, and the number of NEETs is rising in Hong Kong.

## **2. Reasons for the problems**

### *2.1 A lack of job opportunities*

In Hong Kong, the social competitiveness is higher than other countries such as Singapore, Taiwan, etc. Nevertheless, there is a weird phenomenon in Hong Kong – some people have attained a very high education level, whereas some people have barely got any academic qualifications. There is indeed a huge gap of education levels in Hong Kong. Hence, it is hard for some poorly-educated people to find a job to earn money. Since a lot of young people have an insufficient education qualification, and this society attaches great importance to educational level, hence, many employers will refuse to hire some poorly educated youngsters. Thus, they can only take up some physically-demanding jobs like digging or mining. They will work on these jobs for a period of time and then give up. That is the reason why the number of NEETs is rising.

### *2.2 Remaining under-skilled and demotivated*

In the first place, the government did not provide many work opportunities or related courses for young people. After graduation in secondary school or university, they find it hard to adapt to this horrible workplace. Therefore, the young people are demotivated to find a job and work since they do not have their own goal. Conceivably, young people are demotivated because there are not any courses for them to gain more work skills or experience. NEETs will not even take up any part-time jobs, so they do not have income in their daily life. Moreover, NEETs have already lost their confidence and motivation to work. Undoubtedly, they will tend to sit at home to play the video games or surf the Internet. If they want to seek for a sense of achievement, they would rather play games to enhance their confidence and then they will think that they have a successful life through the Internet. As a result, remaining under-skilled and demotivated is the reason why the number of NEETs in Hong Kong is rising.

## **3. Suggestions to the NEETs**

### *3.1 More activities or courses for the young people*

It is commonly known that the youngsters become NEETs because they do not have any social skills or educations to compete with others. In view of this, I believe that the government should organize more activities or courses for youngsters. For example, the government can provide training of performing technical work to those who are not well-educated. Besides, joining more activities or courses can help them



expand their social circles and thereby enhance their confidence. They can learn more social skills and will not stay idle after joining the courses.

### *3.2 More parental care*

Many NEETs have low self-esteem and poor social skills in their daily life. As we know, most of the NEETs do not get any love or encouragement by their parents. Thus, they lose their self-esteem and think that they are not valued by others, like families, friends or teachers, to name but a few. Additionally, the young people do not have enough help to identify their personal strengths, so they are unable to see their own value and importance to society. Therefore, the young people become NEETs. Also, it seems to them that hard work does not pay off and they cannot see light at the end of the tunnel, as they do not have their families' support. Moreover, people who lose hope will lose the drive to improve themselves. As a result, the love and encouragement from their parents is essential for young people as it may prevent them from becoming NEETs.

## **4. Conclusion**

To sum up, the NEETs do not have any job opportunities after graduation in secondary schools or universities. The reasons for the increasing number of NEETs in Hong Kong reflect that the government does not help the young people enough. Plus, the young people lack love and support. Consequently, the NEET problem arises in Hong Kong.

# ***Tracking Apps Ought To Be Discouraged***

***Mak Yee Kiu Summer (5A)***

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Dear Editor,

I am writing to express my point of view on some parents in Asian countries who are installing apps on their children's mobile phones that monitor their activities to ensure that they use these devices responsibly. Nowadays, many "helicopter parents" always care too much about their children and are overprotective. They want their children to be more obedient and academically excellent. They want them to be smart on their scholastic achievement and good at different hobbies. As the technology is getting more and more developed, every child has their own mobile phone. "Helicopter parents" are worried that their children will be addicted to phones, so they will install some apps that can check their action on mobile phone. On this issue, I disagree with their action.

First of all, these parents' action will invade children's privacy and their freedom. Everybody is entitled the human right and freedom to use our mobile phone. Parents should not control what they want to use or play. As they install the apps on their phone, their children will feel uneasy because parents always check out what they are doing. Children will not have their own space at all and they will be afraid that their parents will oversee all their action when they are using their smartphones. Indeed, everyone has their own privacy. They must have some secrets on their phones that they do not want to tell anyone, especially their parents, so parents should not install any apps on their children.

Second, parents should not install apps on their children's phones because it will affect their relationship. Parents who are doing this may merely try to make sure that their children are using their phone appropriately. Yet, children will regard it as a total distrust. They will wonder why their own mother and father don't trust them, so children will feel depressed about what their parents do. Also, they will feel angry with their parents easily because they think their parents do not understand them well. As a result, parents and their children's relationship will easily drift apart. They won't trust each other as always, and they will always argue for a long time, so their relationship will be broken and can't be mended forever. That's why parents should not install apps on their children's phone.

Third, these actions will add pressure to children who have already been exhausted by their schoolwork. As their children need to study for the whole day, they are very busy and they may feel pressured on their schoolwork. What they want to do is to return home and relax. Yet, if parents install these apps on their phones, they will feel more stressed. Home is supposed to be a place where you can do anything and relax yourselves. However, in reality, parents control them even at a place which is supposed to be stress-free, so children will feel stressed. In some extreme cases, some rebellious teenagers may try to do some illegal offense and commit a crime so as to show discontent to their parents. In this regard, parents should not install apps on their phone.

At last, I have some solutions on this issue. If you really want to check what your children are doing now, you should call them on phone and ask them in person, but not install apps and monitor them secretly. You should give more space to children so that they can feel more freedom and have their own privacy. Trust your own children. They won't do anything you don't want because they are your children and they have been educated by you.

Yours faithfully,  
Chris Wong

# ***A Report On NEETs In Hong Kong***

***Wang Yinan Elaine (5A)***

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## **Introduction**

Nowadays, NEETs in Hong Kong are becoming prevalent and serious, thus the problem is worth our concern. NEETs are known as hidden youths who are not in education, employment or training. Besides, NEETs tend to stay at home all day long and surf the Internet all the time. Obviously, this lifestyle will cause not only bad influence on their mental and physical health, but also harmful effects on society. In the following, I will show the causes of this phenomenon and suggest some solutions.

## **Causes**

To commence with, the economic pressure is the main reason leading to this problem. In Hong Kong, youths need to face stiff competition from labour market and they need to deal with huge stress from work. Since most of the NEETs have low education qualification and there is a high unemployment rate in Hong Kong, it is hard for youths to seek jobs. Since they are not able to earn a decent income, they may have to rely on their parents for a living. Even if they can get a job, the income they have earned may not be able to cover their daily expenses due to the high living expenses in Hong Kong. It means no matter how hard they try to improve their situation, they still need to seek help from their family. They will gradually have a low self-esteem. This will discourage them from going out, and they will eventually stay at home all day long and escape from reality. As a consequence, the extremely high economic stress is the main reason for this phenomenon.

In addition, a lack of family care is an important factor of youths becoming NEETs. NEETs are often found in an unloving home. When children lack care and love, they may experience unhappiness, fear and shame. These negative feelings may put them in unstable emotions and cause them to be world-weary, pessimistic and probably hysterical as well. In the long term, they will gradually detach themselves from the outside world or lack motivation to work. In a word, since parents play a significant role in youth's growth, their inattention on their children may indirectly accelerate the existence of NEETs.

## **Suggestions**

In view of this, I believe we should improve this situation and give NEETs a hand. I am going to go into details in what can be done in the following part.

To begin with, we could create more employment opportunities for youths. First, we may offer some career training which can provide certificates to them. There are still many industries lacking in manpower all the year in Hong Kong, such as elevator repairmen, beauticians, baristas, so on and so forth. The requirements of these jobs are not hard to fulfil, and most importantly, they offer employees an ample amount of salary. After having economic capability, their confidence will also increase. Therefore, by offering them job opportunities to meet their financial demand, hopefully it can solve this problem gradually.

Besides, we could also provide mental support. As far as we know, it is common that many NEETs are short of the sense of security since they lack parents' company. For that, we may consider appointing social workers who will provide psychological support to NEETs. For instance, social workers can give them some cards with encouragement. This practice will show their concern and ignite NEETs' enthusiasm of life.

### **Conclusion**

All in all, in order to solve this issue, we should do our best to help these young people. Moreover, we should avoid forcing them to go outside. We need to do it step by step. Youths are our future pillars. I believe that our concern and help can prevent more youths from becoming NEETs.

# ***Tracking Apps Ought To Be Discouraged***

***Lin Tsz Yan Cherry (5C)***

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Dear Editor,

I am writing in response to an article dated 1 December about parents installing apps on their children's mobile phones.

In Asian countries, some parents want to monitor their children by the apps to ensure they use these devices responsibly. However, I am not in favour of this view. I believe that having a good communication is much better than using an app to monitor their children.

First and foremost, parents may feel overly nervous about their children. Because of the apps, parents can know what websites their children are browsing, or the conversations they have in their instant messengers. Sometimes they may feel anxious about their children's safety after reading them. Yet, this is morally inappropriate. If parents are overprotective, children may not learn to be independent, and gradually they will lose problem-solving ability. In the long run, children may easily become spoiled. They cannot take care of themselves, and they cannot solve problems by themselves either. Their over-reliance on parents grows gradually. This is definitely not the results parents want to see.

Apart from that, it will also break their relationship with children. In my comprehension, having a good communication is the core element in a relationship. No one wants to be under surveillance. If parents keep using the apps to monitor their children, they may have a big oppressive feeling. In some extreme cases, it can lead to a family feud. Children will choose to sweep issues under the carpet. Gradually, parents and children will have less communication and the relationship with each other will get worse. In a word, the gains do not make up for the losses.

Nevertheless, the reasons why parents have installed the apps to monitor their children are out of concern. They want to know more about their children's life and to make sure they are safe and sound. So, as long as children have more communication with their parents and talk more about their social life, it may not only refrain their parents from installing those apps, but also enhance their relationship through communication.

All in all, children need their own privacy. Besides, since they are probably at the most rebellious stage of their life, it is rather hard for parents to monitor them round-the-clock. If parents want their children to have self-discipline, the only thing to achieve this is through education and communication. In this way, parents can deter children from mischievous behaviours. This seems to be a panacea for preventing their relationship from worsening.

I would like to invite other readers to comment on this issue.

Yours faithfully,  
Chris Wong

# Masterpieces

## Secondary 6

# ***A Letter to The Editor***

***Man Tony (6A)***

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Dear Editor,

I am writing concerning the issue about the outrageous comments on today's popular comic artist, Mary, who on her own created a universe of superheroes and other fantastic creatures. The messages were posted on Facebook, where our beloved artist shares her works now and then. From the rise of a comic villain whom she produced in spring, to the comeback of our favourite hero, she would publish when we were all timid against the cold. How then, can such unspeakable insults and unfair comments against one of the most inspiring creators be propagated on Facebook? In fact, the ruthless posts and the motives behind can never be justified.

First of all, we have to remind ourselves of the very purpose of our social media. It is to share people's ideas and values that can allow our society or at least our friends and family to form a harmonious union. An encouraging quote or an inspiring story can surely trivialize one's misfortunes. On the contrary, the spread of abusive, or even worst, threatening comments would intensify one's feeling of pain and desperation, and sometimes even hatred. The post of abusive and threatening messages online should therefore be rendered unacceptable.

Emotion is not the only worrying effect of abusive messages online. These messages do affect the lives of the persons receiving the abuses. Mary, the comic artist I just mentioned, has recently delayed her release of a new series in which she intended to release three months ago. This clearly shows how abusive messages come to play in the lives of the receiver. As Mary values the comments of her readers, the brutal messages have taken toll on her creativity and productivity since the release of those unpleasant words against her. Abusive and threatening messages online are therefore detrimental to one's career.

Threatening messages would, by the same token, result in unbearable interference to one's mental life as well. Sometimes threatening messages get too personal and hence, difficult for the unfortunate victims to handle. Mary, in some occasions, contacted the police due to the threats she had received. She thought that dangers were always adjacent, and her fear has ceased her from carrying out her daily routines. Her mind was seized by the horrific ideas put up by the unscrupulous messages. It is, without doubt, a harassment which has always been punishable by the court in the rule of our laws. Yes, these actions on Facebook are in fact illegal.

The advancement in our information technologies and the opening up of various ideas and cultures mean that we have to spend more of our compassions and tolerance against some of those we cannot appreciate. Nevertheless, spreading of such hateful messages is still to be rendered intolerable to our society. We shall not forget that the reason for our tolerance is to remedy humans' tendency to discriminate against and hurt others. Therefore, abusive and threatening messages should be strongly discouraged. If we do not do so, the



harmony of our society would be disturbed. It is possible that our community would disintegrate in the mist of hurtful and insensitive scorns and comments.

It is, as a result, imperative for us to shed light on this matter, and any other matter with similar attributes, to condemn this pitiful yet hurtful action, and to once again restore justice and harmony to our beloved society.

Yours faithfully,  
Chris Wong

# ***A Ghost Story***

***Kwong Tsz Ching (6B)***

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Are you interested in ghosts? Mary, my roommate of the university student hall, and I love finding out spirits everywhere. However, when something awful happened, she decided to leave suddenly.

It was actually yesterday, Mary and I tried to find spirits at school. As you could tell, Jojo University is a historical building. Before it became a school, it was a barracks for wars. We believed that a lot of people were killed for no reasons, and conceivably, some of their spirits must have been here even today, since they still have some unfulfilled targets before they died. Therefore, Mary and I stepped out of our room at 12 midnight with a little candle and started our adventure.

It was so dark and cold everywhere. Honestly, I was really scared, so I held Mary's hand. We went to the classroom where we had our English lesson every day, and this was the first place we were going to call the spirits. Mary was a witch, one of her witchcraft spells could detect and locate where the spirits were. "Come, come and get a treat." Mary kept chanting the spell and I started feeling a cold wind at my back. The windows suddenly opened, the lights were turning on and off, the tables and chairs were moving... I guessed the spirits were there then. Mary stopped her chanting. "What are you coming for?" A little weak sound came from my back. Mary and I were frightened but she didn't want to lose face, and pretended to be calm and held my hand tightly. "I'm Mary and this is my friend Chris. We just want to make friends with some spirits. I'm a witch and I could actually see spirits. So, please come out and greet me." Mary pretended to speak calmly.

The spirits appeared and there were about 30 of them, sitting on the chairs. I was shocked. I thought the spirits looked like humans because they were dead people. However, they were really ugly, just like a huge bug in green and blue colors with red eyes. "My witchy grandma told me that blue and green spirits are kind and we could actually be friends!" Mary whispered. We tried to ask the reasons why they were there and how long they had stayed. Most of them told us that they had been there since wartime in 1950s. All of them were killed miserably, especially one of the spirits, Peter. He was a little boy and was killed by a Japanese soldier. The reason why he stayed in this classroom was to hide from the army, and wait for his mother to pick him up. Peter told us that his mother was still there. He had a sense that she was staying nearby, but he just couldn't find her.

Mary and I actually wanted to leave and head back to our room. But then we decided to go to some places that more spirits could possibly exist. Mary started chanting other spells to try to call an exact spirit, "Spirit, spirit, come to me and I'll help you, Peter's mother's spirit." She felt that there were strong energies in the canteen so we went there. Mary and I could literally hear something, "Where is my baby Peter? Did you kill him?" a red and purple creature suddenly appeared and talked grumpily. We were sure that it was Peter's

mother. However, Mary told me ear by ear that the red and purple were evil spirits. I almost pooped after I heard it but Mary asked me to be calm and try to be friends with it.

“I’ve already heard your story from Peter. He is trying to find you and we’re trying to help you. No any offence.” I said in such a low pitch. However, it didn’t believe us, and suddenly 50 more spirits came out. Mary and I started to run away, but those spirits kept chasing us!

Since the school yard was the most secret place, we ran to it and hid ourselves in the small wooden house. “Come out! You two devils, I’m gonna make you guys one of us because of the death of my boy!” the red and purple spirit said fiercely. Mary started to chant another spell to make us invisible. Fortunately, the spell worked, and so we started walking out from the house hurriedly. Unluckily, the spell was invalid when we were half way through the yard. So, the creatures saw us. We had no ways to escape again. The spirits were all around us. Mary tried to kill them by her witchy mind but it didn’t work. One of them grabbed her. “Run! Run! Run as far as you can!” Mary shouted loudly. I knew spirits were afraid of Jesus and bible-related things, so I didn’t run away but I tried to sing a song about Jesus, “Because he lives.”

The spirits started disappearing when I was going through the song. Mary was released as well. It was such a terrible spiritual experience. I thought she was going to die. We stopped everything and ran back to our room to sleep. Although we had just faced something horrible, we still slept peacefully.

After Mary and I woke up, she suddenly decided to leave. She was acting strange, and she kept laughing and crying in the next second. “Peter’s mother is staying in my body and I don’t want to hurt you.” This was the last sentence Mary has told me and she departed.

# ***An Earlier Start of A School Day?***

***Wong Po Yi (6E)***

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Dear Editor,

A recent article in your newspaper suggested that an 8:00am start to the school day makes students feel tired and sleepy. I am writing to express my views on this worrying situation and discuss why a 9:00am start cannot tackle the problem at root.

To begin with, the most prominent and obvious reason why children feel exhausted is that they stay up late the night before school. In this technology-dominated day and age, students are prone to the virtual game world and giving up their precious sleeping time to fight against those unreal creatures online. We have all seen those students with severe black eye bags showing off their victory triumphantly and saying that they went to bed at 4:00am the previous night. Some may even binge-watch the whole evening, watching the newest season of 'Games of Thrones' or the latest episode of the Master Chef and maybe reminiscing the all-time Classic Korean soaps 'Jewel in the Palace'. How can they not fall asleep at class when they barely get any sleep? There's no doubt that students feel fatigued and find it unable to concentrate at class.

Apart from the above-mentioned causes, the packed schedule and the ever-extending syllabus are also the culprits attributing to students' sleepiness and tiredness. In this knowledge-based society with fierce competitions, parents and schools, even students themselves, tend to arrange a wide range of extra-curricular activities and tutorial classes after school. In other words, kids have to go to cram schools or practice the piano or so after 9 hours of intensive studying at school. Sad still, piles of homework and tests are waiting for them. They can do nothing but to burn the midnight oil and try to finish the endless assignments given by their teachers. They are still just teens, growing teens. Only 3 to 4 hours of sleep is definitely insufficient but harmful to their health and growth.

Some suggested that starting school at 9:00am instead of 8:00am would alleviate the phenomenon. At first glance, a later start seems to be the remedy of the problem, given that students will have more time to finish their projects, as well as revision. This can prolong their sleeping time and they can be more attentive at class rather than snoring and dozing off. It is also said that it can enhance students' efficiency and help with their studies.

However, not only is this infeasible in tackling the problem at root, but it also worsens the whole situation. To school kids, a later start simply means an extra hour of 'Play Station' or an episode of the 'Vampire Diaries'. Teachers and parents will certainly assign more classes and activities to them. Adding extra work on the already-insurmountable amount of work, this will only postpone their sleeping time, making them much more tired and sleepy at class. It is not the early start that makes students fatigued, but the enormous work. I, therefore, suggest the government can alleviate the problem by encouraging schools and parents not to

impose too much work on kids, and set a maximum limit on the activities and tutorial classes that a child can join a day. Exerting too much pressure on them will simply affect their physical and mental conditions.

After all, I hope your readers will be convinced by the fact that it is the late-nights and the packed schedule which attribute to the tiredness of children. Thank you for your attention.

Yours faithfully,  
Chris Wong

# ***Youth Volunteers Are Important For Society***

***Wong Po Yi (6E)***

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Have you ever thought of joining a voluntary program to help the local homeless people? Have you ever felt the urge to help the children in those underdeveloped or developing countries, but got hesitant because you were worried that it might be boring, or because you were scared that it might not be safe? It is no longer the case. Being one of the youth volunteers is unexpectedly rewarding and fun. Read on and explore more about youth volunteers and their experiences.

I bet most of you remember the tragedy in Sichuan a few years ago. At that time, a local charity set up a team of volunteers of youths and adults, and sent them with some food and crucial necessities to Sichuan. The young volunteers were not ordinary kids, but ‘Kong Kids’. They were sent to have a taste of the underprivileged lives, help them establish their better self and offer a helping hand to the victims of the earthquake. They helped the injured and homeless people there, by cooking them food, giving them proper and comfortable clothes and offering them warm hugs and encouragements. These young volunteers went not only to Sichuan, but also some rural villages in China to teach children English and Mathematics. They had to live with all the cute kids there, sleep and eat together, without showering for two weeks! From all these experiences, there were always ups and downs. Now let us delve into some of the benefits and things they have learnt, and see what we can generally learn through joining different kinds of voluntary work.

After participating in voluntary work, youngsters will develop empathy for other people, and more importantly, not take everything for granted. Born in this generation of prosperity and advanced technology, we tend to forget how fortunate we are, and we always forget to cherish things we have. However, through participating in voluntary activities, like giving free lunch boxes to the homeless in Sham Shui Po or teaching underprivileged children English, for example, grammar and vocabulary items, it can help you to develop empathy for others. Seeing other people so thankful for your help can slowly awake the angel inside you. Having a taste of their hardships in those rural areas will enable you to cherish the school bus, which drives you to school every morning, the air-conditioner that keeps you cool in the humid summer, or even your parents who will always support and be there for you. It is vital for us not to be arrogant and take things for granted. We should all be thankful, or at least learn to be thankful that we are endowed with all these luxuries. Joining such programs help you become a better person.

Not only can joining voluntary programs make you a better person, but it also helps with your Other Learning Experiences and future prospects. Other Learning Experiences, known as OLE, is one of the most important parts of your résumé for your tertiary education or career. It is perceived that people or teens who have voluntary experience are generally kinder and more able to accomplish tasks as well as dealing with different obstacles and people. Gaining some unforgettable experiences will make you stand out from other candidates. As the saying goes, ‘you should not have dreams to be spoken, but stories to be told’. Companies also value people who have joined the voluntary programs, because they can turn out to be more capable of

handling conflicts and confusion between colleagues, due to the fact that voluntary activities require team spirit and strong coordination. So if you want to stand out and gain precious experiences, why don't you join some voluntary programs to enrich your life experiences and prospects?

While the voluntary programs offered by charities are actually very fun and meaningful, there are still some problems faced by charities in trying to attract young volunteers.

The first springing to mind is that teens may find it boring and unsafe to do such voluntary programs. You may think 'What? Teaching children? I hate babies!' or 'Go to Sichuan? Will I die?' These thoughts are definitely unreasonable. Please keep in mind that there are different sorts of voluntary programs and there must be one that suits you the most. Young people may instantly turn down those volunteers who were trying to tell them more information about volunteering. The low acceptance of voluntary activities is definitely one of the obstacles faced by the charities. After all, it is definitely safe to participate.

Secondly, the methods that charities use to attract teen volunteers may be too dull and monotonous. Charities usually use the most traditional ways to promote to students—talks. It is suggested that they should use some more interesting ways to attract teens. I bet all of you would be interested if charities upload a fascinating YouTube promotional video, right?

After knowing more about voluntary programs, you are strongly encouraged to join and pay more attention to the happenings around you! Don't hesitate. Grab the chance to join these intriguing programs!

## ***Compulsory Sorting – A Double-edged Sword***

***Li Hoi Sen (6E)***

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These days, Hong Kong is running into its ecological “deficit”, which implies that we are taking away more than the Earth can sustain. Not only does it lead to worsening living environment, but it is also speeding up the saturation of landfills in Hong Kong. In view of such an intensifying situation, environmentalists have been calling citizens for a greener lifestyle and proposing compulsory sorting of household waste so as to reduce the consumption of natural resources and increase the recycling rate. Hence, it is high time we probed into the pros and cons of the mandatory domestic waste classification.

Implementing strict assortment of household waste may be inefficient for reducing waste and increasing recycling rate as the general public lack knowledge about recycling. For the trichromatic recycling bins which have compartments for general waste, waste paper, plastic and metals to take effect, it is essential to ensure that the citizens really understand how and where the rubbish should be classified. While it seems easy for locals to identify paper and plastic, it is a different story when it comes to recycling. It is understandable that most, if not all, people tend to assume that they can dispose of all paper, from cardboard to office paper, from newspaper to magazines. However, this is in stark contrast to how recycling truly works. Take the magazines with glossy covers as an example. The plastic contained on the front pages will disqualify the whole books and lead them to the landfills after all. Although this can be addressed by simply removing the pages which contain plastic before disposing, rarely do people know about it, and therefore, making the process of putting them into recycling bins a simple waste of time. The same goes for soft drink cans and bottles, which have to be rinsed with clean water before discarded. While most items require proper processing before disposal, the lack of recycling knowledge makes the classification in vain. In view of this, the scheme is likely to be fruitless.

Apart from the dim effectiveness of the domestic waste classification, the extra governmental resources are as well significant. At the beginning of the scheme, the government will have to recall all the garbage bins being used in the community and replace them with trichromatic recycling bins. Imagine having to take three bags of waste to the dumpster on the ground floor every day for the residents living in upper floors, it will bring them a lot of hustle. In order to make sure that the recycling process will not lead to too much inconvenience for the residents, these bins should be placed in every block and every floor. In other words, the government had to triple the amount of rubbish bins for domestic waste, which already costs a lot of money. However, this is far from enough. As some citizens are indifferent to the environmental problems in Hong Kong, they may be reluctant or unwilling to take part in the assortment, which leads to the need of supervision. A twenty-four-seven inspection on every single family is definitely impractical, but a random and frequent check on the dispose is necessary, especially at the very beginning of the scheme, which will require extra manpower for the check-ups. As a result, the implementation of the proposal will lead to a lot more governmental expenditure, which is an issue not to be sneezed at.



Despite the seeming inefficiency and increased expenditure, some people still see hopes from it as it acts as a forceful educational tool to inculcate the citizens in the waste problems. In the past, when the government was proposing different schemes like implementation of incinerators or the expansion of landfills, most, if not all, residents regarded those as an administrative problem, instead of an intensifying issue that was worth attention and effort of every single citizen. That is why compulsory assortment can turn the tables, as the locals finally have to take part in the handling of the trash. Instead of directly throwing away the bottles of their drinks, they will have to assort the beer bottles into glasses, the soda cans into metals, and the water bottles into plastic. Throughout the classification, they become more aware of how much trash they produce on a daily basis, as well as finding it tedious to sort the rubbish they make, which in turns may reduce their waste production. Most importantly, the everyday practice of recycling helps build up the concept of recycling as well as the love and respect to the environment among citizens. This illustrates that the scheme can cultivate the citizens to become environmentally-friendly.

After weighing the pros and cons of introducing compulsory sorting of household waste, it is certain that the effects act as a double-edged sword. Whether it will be effective or not hinges on the concerted effort of the government's promotion and the collaboration of citizens. Therefore, it is hoped that the government will delve into the details of the policy and introduce a well-considered one that can gain the support from all the citizens. After all, Hong Kong is the place that nurtures us and deserves to be protected by residents.

# ***Board Game Night***

***Wu Chi Hong Kelvin (6E)***

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Dear Ms Lee,

I am writing to put forward one proposal of an activity that would be carried out by our Social Service Club, namely the Board Game Night, collaborating with the elderly homes in our district. Recently, the living conditions of the elderly in these premises have come to our attention. With a view to developing closer links with the community as well as caring for the living standards of the seniors in elderly homes, Board Game Night is therefore proposed. This letter intends to describe the organization of this project as well as benefits for the collaborating elderly home.

As the name vividly speaks for itself, Board Game Night aims at bringing joy to the seniors through a vast range of table games. We are considering making each visit a specific theme of games, such as UNO tournament, Mahjong Night, etc. so as to cater for the various interests of our seniors. We would like to invite the Social Service Club members, as well as students in our school, or even teachers, to join our game-based elderly home visits. This activity provides the elders with a platform where they are able to play, to laugh and to enjoy the fun of playing with one another as well as our volunteers. However, there may be potential dangers when they are mesmerized by the fun of UNO Stacko, or other sorts of board games that might pose dangers to them, which is why we will set up strict criteria for our students when they are playing with the elders to avoid injuries. The enjoyment and safety of the elders are at our top priority.

After briefly describing the activity, I would also like to explain the benefits of launching this project to the elderly home. The most evident one is that the project is able to improve the living quality of the residents in the elderly home as it promotes well-being both physically and mentally. In terms of physical health, senior residents in elderly home these days lack the opportunity to exercise, not even moving their toes and fingers, and this weakens their body strength. Playing board games fortnightly would not only provide regular trainings for their motor skills, but it would also train their cognitive skills. When the elderly are playing Mahjong, they have to constantly move and stack their mahjong throughout the game. This is actually training their palm muscles as well as exercising their fingers. Also, this trains their cognition and strategic thinking that enables them to prevent, or, alleviate the condition of Alzheimer and Dementia. Physical health can therefore be promoted.

Concerning mental health, the elderly nowadays often kill time in their cubicles. These boring and lonely hours may be the culprit for the depression and plight of our elders. In light of this, games like Monopoly provide them with a platform to play with one another as well as competing with one another. This chance of gathering could be a keen competition for them. The exhilaration from it definitely adds luster to their lives. With more common play time and topics to share, they can enlarge their social circle and build up a sense of community. These improvements would help establish a better living quality in the elderly home.

I hope that with the foregoing explanation, you would be convinced of the benefits of this proposal. It is hoped that you can take this into serious consideration so that our club would be able to create a better future for the elderly.

Yours sincerely,  
Chris Wong

